

Center's Hours are:
Monday-Friday
9:00 am - 3:00 pm

52 years of service to older adults

Director's Corner

Let me begin by wishing all our veterans a happy and healthy Veteran's Day and thank you for your service to our country!! The Community Veteran's Breakfast will be held at our senior center on Saturday, November 14th. **See page 6 for more details.**

Thanks to all of you who are helping us sell our Hoagie Sale tickets. Let me remind you that we will continue selling tickets through December 31st, and the tickets can be used until the end of February 2027! A Big Thank You to Jane Freeman and her committee for their dedicated work making this a successful fundraiser!!

Due to decreased program grant funding from other nonprofit and charitable foundations, and increasing costs to operate our center, we again find it necessary to have an Annual Support Fund Drive to raise money to keep the Senior Center operating at a level all of you have come to expect, deserve and enjoy. More details are on page 16. Thank you!

Please come and join us for our weekday lunches. All meals are completely prepared in our kitchen by Chef Jim, so come and enjoy his delicious meals.

COVID variants are still hanging around as well as entering the flu season, so get your vaccinations. **Along with the Chester County Health Department we will be hosting a Flu & Covid Vaccination Clinic on Thursday, November 5th here at the center from 10:30am-3pm. See page 18 for more details. Reservations are necessary! Instructions for registering are in the article. If you're unable to register online or by phone, call the senior center and we can make it for you!**

HAPPY THANKSGIVING!

Please continue to be safe!
Stay Happy and Healthy!!

Jim

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CONTACT US

Our email address:
contact@oxfordseniors.org

This is for general
questions and information.

Each staff member has their
own email address.

THANKS TO LAST MONTH'S...**VOLUNTEERS**

To our always reliable friends:

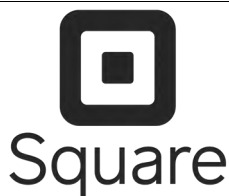
Mary Baringer	Monique Manfield
Nancy Baringer	Diane Marucca
Paul Baringer	Shirley Moran
Howard Billings	Peggy Patterson
Isabella Carron	Beverly Parsons
Nora Clarke	Betty Poole
Tom Craft	Chris Powell
Christine Dolinger	Pauline Riegel
Jackie Duvall	Tina Sauk
Jerry Ferguson	Edith Sierra
Charlotte Floyd	Bonnie Smith
Jane Freeman	Kathleen Smith
Marlene Hammond	Susan Snook
Valerie Irving	Pat Todd
Hap Joy	Lorie Walton
RuthAnn Lander	Tracey Williams
Russ Lomax	Alice Witmer

IN KIND GIFTS

Bingo Donators
 Special Event Donators
 Paul Hauser
 Sue Stanley
 Chester County Dept of Aging
 Chester County Food Bank
 Dollar Tree, Oxford
 Giant Food Store, Jennersville
 Philips Florist

DONORS

Robert & Carol Curtis
 Scott & Diane Massey
 Mary Reynolds
 Colerain Township
 Fraternal Order of Eagles #2666 - Ladies Aux
 Oxford Presbyterian Church
 Oxhaven Apartments
 Upper Oxford Township
 West Nottingham Township

**Donating made easy.**

For your convenience you can donate from our website. Check out www.oxfordseniors.org and click on DONATE.

PARTICIPATION INFORMATION

Oxford Area Senior Center does not have a membership fee. We welcome a **Voluntary Participation Contribution.** We encourage everyone to make their voluntary participation contribution during the same month each year. Please call us for your renewal date.

Please update your Information Form at the same time. An Information Application is available at the Center's hostess desk or on our website (www.oxfordseniors.org). Thank you for staying current as it helps us maintain the programs and services of the Center. Please ask us if you need help completing this form, we will be glad to HELP.

Our Sincere Thanks to the FOE Ladies Auxiliary!

Thank you to the Fraternal Order of Eagles Aerie #2666 Ladies Auxiliary and the FOE PA State Auxiliary for another generous donation. Since 2002, they and Aerie #2666 have contributed over \$15,000 to our senior center.

**IN MEMORY**

We wish to offer our condolences to the family and acquaintances of our dear friends:

**Joan Appleton
 Beulah Benner
 Geraldine Kiefer
 Jahan Sheikholeslami**

OUR BEST WISHES & THOUGHTS GO TO:

Tom Craft
 Richard Dolack
 Beverly Parsons

And to the families of:

Joan Appleton
 Beulah Benner
 Geraldine Kiefer
 Jahan Sheikholeslami

Come Join Us! Stay active and enjoy friendship through programs for seniors, including daily lunch, exercise, arts and crafts, day trips, computer and technology help, and discussions on health, nutrition, daily living skills, and other topics. We would enjoy having you.



INFORMATION & ASSISTANCE

Fall has finally fallen! The corn in the fields is totally brown–dried and ready to harvest. Extended summer weather is very pleasant with warm days and cool evenings. Get out and enjoy the sunny days.

If you haven't used all your Farmer's Market Vouchers, now is a great time to purchase pumpkins or apples for pies. They must be used by November 30th. If you try a new recipe and need a taste tester, I'm sure we can find someone here to *help* you!!

How has your year gone regarding Medicare Part D? There doesn't seem to be many problems in our area. October 15th we began enrolling those who needed a new plan. We continue to do lookups on the computer for specific prescription card companies, their plans & costs. When you come in for that service be sure to bring your **Medicare card** and a complete list of all your current medications, strengths and dosages as they may have changed since last year. Even if your meds haven't changed, the drug companies have **dramatically** changed costs, formularies and deductibles. The deadline for open enrollment is December 7th, no exception. It doesn't take long to make your comparison and the time taken can be well worth it. Procrastination can be very costly - you'll be stuck for the entire 2027 year. Make your appointment now!! PACE will place you in an appropriate Plan D.

Individual meetings sponsored by the various insurance companies in our area - Keystone 65, Humana and Aetna - may be available. Make yourself available at all these informational meetings if you are looking to change. If you are satisfied with your provider, I will be glad to assist you in filling out your renewal forms. Turning 65 or knowing someone who is? Be sure to be informed of all your options.

If you receive a "**Termination**" letter from your current provider, be sure to call for an appointment so we can look at all your **options**. Time is of the essence when leaving one plan and going to a new one. There are certain "**Guaranteed Issue**" **options** and we want to help you find the plan that best suits your needs. The various plans include Original Medicare with a Medi-Gap supplement, or Medicare Advantage Plans such as HMO's, PPO's, Private Fee for Service, SNP's, and MSA's. The PA MEDI program is available here to help you.

Are you or do you know someone who is turning 65? Plan now to attend the class being offered here on Monday, December 14th at 12:45pm or watch the Medicare 101 classes being offered on the Chester County Library website (<https://www.ccls.org/>) (click on Events Calendar. You can search for "Medicare" or search by library). They will have information and resources available to help you transition to the world of Social Security. Many of the programs available are governed by dates and you don't want to fall into lapses of time that cost you penalties and/or no coverage. Ignorance may be bliss but is also expensive!! A Medicare Update class for those already on Medicare will also be held. Check that website for more information on the Update Classes. Learn all the new things for 2027. Be sure to take advantage of the library's offerings.

As we begin the busy holiday season, be sure to take one day at a time - enjoy the company of friends and family. Make memories for the younger generations as you relive past holidays and traditions. Cherish the moments, take time for fun.

Have a Happy and Fulfilling (pun intended) Thanksgiving!

Sally

WHAT IS INFORMATION & ASSISTANCE?

From time to time we all know we need information but have no idea how to find answers.

WHO IS SALLY ARTER?

Sally is the Center's very own Information & Assistance Specialist. Her responsibilities include helping you find the answers to your questions.

NOVEMBER 2026 MENU**Reserve lunch 2 days in advance.****Call 610-932-5244****If you must cancel, please call by 10:00 a.m. to help prevent food waste.****between 9:00 am - 3:00 pm****MENU IS SUBJECT TO CHANGE WITHOUT NOTICE****Announcements at 11:45 a.m. • Lunch at 12:00 p.m. • Cleanup at 12:30 p.m. • Program at 12:45 p.m.**

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
2. Cheeseburger & Bun w/Lettuce, Tomato Cole Slaw French Fries Fruit/Dessert	3. Soup of the Day & Crackers Roast Beef Au Jus Multigrain Kaiser Roll Cole Slaw Fruit/Dessert	4. Chicken Alfredo Spaghetti Mixed Vegetables WW Dinner Roll Fruit/Dessert	5. Soup of the Day & Crackers Veal Parmesan Sandwich Carrots Multigrain Kaiser Roll Fruit/Dessert	6. Swedish Meatballs Egg Noodles Gravy Brussel Sprouts WW Dinner Roll Fruit/Dessert
9. Chicken Cordon Bleu Mixed Vegetables WW Dinner Roll Fruit/Dessert	10. Soup of the Day & Crackers Kielbasa & Sauerkraut Potato Pierogies Fruit/Dessert	11. Baked Ziti Romaine Salad w/ Cucumberss, Grape Tomatoes, Shredded Carrots Italian Dressing Garlic Bread Fruit/Dessert	12. Open-Faced Roast Beef Gravy WW Bread Peas & Carrots Fruit/Dessert	13. Baked Penne Pasta w/ Meatballs Mozzarella Cheese Italian Bread Fruit/Dessert
16. Chicken Marsala Oven Roasted Potatoes Carrots WW Dinner Roll Fruit/Dessert	17. Beef Stroganoff Egg Noodles w/Gravy Mixed Vegetables WW Dinner Roll Fruit/Dessert	18. Birthday Party Roast Turkey w/ Gravy Stuffing Mashed Potatoes Green Beans Cranberry Sauce Cupcake & Ice Cream	19. Chicken Cordon Bleu Baked Potato Broccoli Dinner Roll Fruit/Dessert	20. Lasagna Broccoli Italian Bread Fruit/Dessert
23. Meatloaf Mashed Potatoes Broccoli Dinner Roll Fruit/Dessert	24. Soup of the Day & Crackers Garlic & Herbed Baked Tilapia Scalloped Potatoes Carrots Fruit/Dessert	25. BBQ Chicken Brown Rice Brussel Sprouts WW Dinner Roll Fruit/Dessert	26. HAPPY THANKSGIVING CLOSED FOR THE HOLIDAY	27. CLOSED FOR THE HOLIDAY
30. Cheeseburger & Bun w/Lettuce, Tomato Cole Slaw French Fries Fruit/Dessert			Seniors (60+ years) A voluntary confidential donation of \$2.00 is requested Individuals under 60 The meal cost \$5.70	Food Vendor Oxford Area Senior Center 

ALL MEALS SERVED WITH MILK, COFFEE OR TEA (HOT OR COLD)

Senior Center membership is not required for adults 60+. Chester County residents 60 and older are welcome to enjoy a free noon meal with a reservation made two days in advance. A voluntary \$2.00 contribution is appreciated but not required. For financial information about Chester County Department of Aging Services, call 1-800-732-0999. **Chesco Connect Transportation Available for 65+**

NOVEMBER 2026 ACTIVITIES

Daily activities may be adjusted to allow for enjoyable and unexpected pop-up activities.

Announcements at 11:45 a.m. • Lunch at 12:00 p.m. • Cleanup at 12:30 p.m. • Program at 12:45 p.m.

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>2. 8:30 Gentle Stretching & Weightlifting (OS) 9:30 Tai Chi (OS) 9:30-11:30 Cards/Games 10-11 Technology Help <u>11:45 Lunch</u> 12:45 Visiting Angels 2-3 Technology Help</p> <p>Pick up Coloring Page</p>	<p>3. 10:30am-4pm Dutch Apple Trip – Carole King 8:30 SilverSneakers (OS) 9:30-11:30 Cards/Games NO Technology Help <u>11:45 Lunch</u> 12:45 Cards/Games NO Technology Help</p> <p>4:30 Zumba</p>	<p>4. 8:30 Gentle Stretching & Balance (OS) 9:30 Tai Chi (OS) 9:30-11:30 Cards/Games NO Blood Pressure NO Technology Help <u>11:45 Lunch</u> 12:45 Bingo w/ ABC NO Technology Help</p>	<p>5. 8:30 SilverSneakers (OS) 9:30-11:30 Cards/Games 10:30-3:00 Vaccine Clinic NO Technology Help 11-1 Open Swim at YMCA <u>11:45 Lunch</u> 12:45 Cards/Games NO Technology Help</p> <p>4:30 Zumba</p>	<p>6. 8:30 Gentle Stretching & Weightlifting (OS) 9:30-11:30 Cards/Games <u>11:45 Lunch</u> 12:45 Pearl's Palette</p>
<p>9. 8:30 Gentle Stretching & Balance (OS) 9:30 Tai Chi (OS) 9:30-11:30 Cards/Games NO Technology Help <u>11:45 Lunch</u> 12:45 Crafts w/ Mary NO Technology Help</p>	<p>10. 8:30 SilverSneakers (OS) 9:30-11:30 Cards/Games NO Technology Help <u>11:45 Lunch</u> 12:45 Cards/Games NO Technology Help</p> <p>4:30 Zumba</p>	<p>11. 8:30 Gentle Stretching & Weightlifting (OS) 9:30 Tai Chi (OS) 9:30-11:30 Cards/Games 10-11 Blood Pressure NO Technology Help <u>11:45 Lunch</u> 12:45 Bingo NO Technology Help</p>	<p>12. 8:30 SilverSneakers (OS) 9:30-11:30 Cards/Games NO Technology Help 11-1 Open Swim at YMCA <u>11:45 Lunch</u> 12:45 Canine for Life NO Technology Help</p> <p>4:30 Zumba</p>	<p>13. 8:30 Gentle Stretching & Balance (OS) 9:30-11:30 Cards/Games <u>11:45 Lunch</u> 12:45 Petals Please</p>
<p>16. 8:30 Gentle Stretching & Weightlifting (OS) 9:30 Tai Chi (OS) 9:30-11:30 Cards/Games 10-11 Technology Help <u>11:45 Lunch</u> 12:45 Cards/Games 2-3 Technology Help</p>	<p>17. 8:30 SilverSneakers (OS) 9:30-11:30 Cards/Games 10-11 Technology Help <u>11:45 Lunch</u> 12:45 Fox Chase Cancer Series: Lung Cancer 2-3 Technology Help</p> <p>3pm Board of Directors Meeting</p> <p>4:30 Zumba</p>	<p>18. Birthday Party 8:30 Gentle Stretching & Balance (OS) 9:30 Tai Chi (OS) 9:30-11:30 Cards/Games NO Blood Pressure NO Technology Help 10-12 Constituent Outreach 10-12 Edward Jones Advisor <u>11:45 Lunch</u> 12:45 Entertainment: Bruce Fagan</p>	<p>19. 8:30 SilverSneakers (OS) 9-2:30 IGC Jeweler Event 9:30-11:30 Cards/Games 10-11 Technology Help 11-1 Open Swim at YMCA <u>11:45 Lunch</u> 12:45 Connection Confection 2-3 Technology Help</p> <p>Submit Coloring Page</p> <p>4:30 Zumba</p>	<p>20. 8:30 Gentle Stretching & Weightlifting (OS) 9:30-11:30 Cards/Games <u>11:45 Lunch</u> 12:45 Coloring Contest</p>
<p>23. 8:30 Gentle Stretching & Balance (OS) 9:30 Tai Chi (OS) 9:30-11:30 Cards/Games 10-11 Technology Help <u>11:45 Lunch</u> 12:45 Monarch Butterfly Presentation 2-3 Technology Help</p>	<p>24. 8:30 SilverSneakers (OS) 9:30-11:30 Cards/Games 10-11 Technology Help <u>11:45 Lunch</u> 12:45 Trivia 2-3 Technology Help</p> <p>4:30 Zumba</p>	<p>25. 8:30 Gentle Stretching & Weightlifting (OS) 9:30 Tai Chi (OS) 9:30-11:30 Cards/Games 10-11 Blood Pressure 10-11 Technology Help <u>11:45 Lunch</u> 12:45 Black Friday Bingo on Wednesday 2-3 Technology Help</p>	<p>26. Center Is Closed</p> 	<p>27. Center Is Closed</p> 
<p>30. 8:30 Gentle Stretching & Weightlifting (OS) 9:30 Tai Chi (OS) 9:30-11:30 Cards/Games 10-11 Technology Help <u>11:45 Lunch</u> 12:45 Cards/Games 2-3 Technology Help</p>	<p>Daylight Savings Ends Sunday at 2am November 1, 2026</p>	<p>Veteran's Breakfast</p> <p>Saturday, November 14th 7am-10am</p> 	<p>Fundraiser Kreider's Sub Sale</p> <p>Tickets available now to end of December</p> <p>See Hostess</p>	<p>(OS) = Off-Site via Zoom</p> <p>ABC = Always Best Care</p>

WHAT'S HAPPENING

Get Ready for Our Coloring Contest!

- 🎨 Grab a page from the Hostess desk, show off your skills, and compete for a spot in the top three!

📅 Key Dates

- **Thursday, November 2nd:** Pick up your page at the Hostess desk.
- **Thursday, November 19th:** Turn in your masterpiece.
- **Friday, November 20th @ 12:45pm:** Cast your vote!

📄 Quick Rules

- **Stay Anonymous:** Names go on the back, so voting is completely fair.
- **Keep it Secret:** Don't show your work early to keep votes unbiased.

Canine for Life

**Thursday, November 12th
12:45pm**

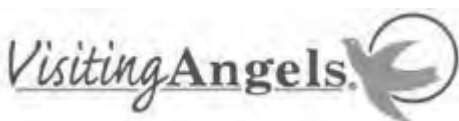


Craft Day: Decorate and paint jars or make floral arrangements, depending on flower availability.

**Friday, November 13th
12:45pm**

Help spread the joy—please donate small vases, soup cans, or baskets.

Join us for an afternoon of
Fun, games and prizes with Alex from



**Monday, November 2nd
12:45pm**

**Bingo with Vanessa
from**

Always Best Care

**Wednesday, November 4th
12:45pm**



**Friday, November 6th
12:45pm**

Sign up required

**No artistic ability needed!
20 spots available**

Veteran's Breakfast Saturday, November 14th



Sponsored by Local Businesses & Appreciative Community Individuals

**Free breakfast for
any veteran and one guest**

7am to 10am
at the

Oxford Area Senior Center

Come and enjoy a delicious breakfast,
spend some time with
fellow veterans and swap some stories.

**Arts and Crafts
with Mary**

**Monday, November 9th
12:45pm**



Collecting Bingo Prizes

Our bingo prizes are made possible by your generous donations. Please help by donating fun items for bingo prizes. Please do not donate clothing.



Join us for afternoon programs at 12:45 PM, right after lunch.

Need Information on Programs contact Beth Pellegrini, Program Coordinator

610-932-5244, bpellegrini@oxfordseniors.org

Contact between M-Th, 9:00am-2:00pm

WHAT'S HAPPENING



We welcome you to join Fox Chase
Cancer Series

Every 3rd Tuesday

Topic: Lung Cancer

Presenter: Alexandra Traglia
Tuesday, November 17th
12:45pm

Monopoly Day

Thursday, November 19th

Pass GO and head straight for morning fun!
Roll the dice, snap up properties, and share some laughs —
may the best tycoon win!



Confection Connection

Thursday, November 19th
12:45pm

Let's see what Joanne bakes up for us today!
Sign up required



Birthday Party

Bruce Fagan

Wednesday, November 18th
12:45pm

Everyone is invited to celebrate
this month's birthday folks



Monarch Butterfly

Monday, November 23rd
12:45pm



Tuesday,
November 24th
12:45pm

CONCIERGE JEWELER EVENT

Precious Gem & Metals Day

Thursday, November 19th
9:00am–2:30pm

Presented by I.G.C. — Your Concierge Jeweler &
Precious Gem & Metals Buyers

Repairs While You Wait

FREE Cleaning & Inspection

Receive \$\$\$ Today for
Unwanted Gemstones & Jewelry

Highest prices paid in the five-county area.

Note: Offsite repairs may take several business days.
Most quotes are provided at the event after inspection.

Appointments Required: Sign up at the center •
Call 610-932-5244 • Email contact@oxfordseniors.org

Black Friday Bingo on Wednesday

Wednesday, November 25th
12:45pm

Join us for festive fun and exciting bingo prizes to help
you shop for Christmas gifts for your loved ones! After
bingo, keep the holiday shopping going by using your
OASC Bucks to make additional purchases.



Pennsylvania
Medicare Education
and Decision Insight

Medicare 101
w/ Sally

Monday, December 14th
12:45pm

Sign up requested

Join us for afternoon programs at 12:45 PM, right after lunch.

WHAT'S HAPPENING

Medicare 101

w/ Sally Arter

Monday, December 14th

12:45pm

If you will be joining the ranks of Medicare soon, are already in the Medicare system and have questions, this session is for you. Members of the PA MEDI program, Pennsylvania's volunteer statewide program of insurance consultation, will present an overview of Medicare including the definitions of Medicare A, B, C; exploration of the drug benefit (Part D), types of health care insurance available in Chester County, benefits available to low-income beneficiaries, and things to consider when selecting your medical coverage. A question and answer session will follow the presentations.

**Reserve your space, Call 610-932-5244
or email contact@oxfordseniors.org**



NOVEMBER BIRTHDAYS

1 Michael J. McCormack	17 Eileen T. Spingler
2 Mary J Hertzog	19 Linda K. McGlothlin
3 Annde C. Solway	19 Patie Jewell Mullins
5 Judy C. Delp	20 Mary E. Lowry
5 Vernon M. Ringler	21 Elizabeth M. Halvorsen
6 Patricia A Wade	22 Gwendolyn L. Bowers
7 Debra R Howell	22 Janet C. Prewitt
8 Dolores E. Cornette	22 Theresa D. Taylor
8 Iris Gray Dowling	23 Betty J. Dawson
8 Andrew G. Nevrincean	23 Mary A. Grofcsik
8 Kathleen Smith	23 Ken Hershey
9 Karen R. Olivieri	24 Florence M. Duvall
11 Geoffrey L Henry	25 Ann M. Conner
11 Nelson D. Saunders	25 Nancy B. Ortega
12 Linda C Armour	29 Bobby M. Blevins, Sr.
12 Randy G. Phipps	29 Daniel McIntosh
14 Art Hershey	29 Steven D Seivwright
15 Judith R English	30 William H. Ringler
15 Geraldine M. Gontarz	30 William Wood
16 Emily L. Singer	

Technology Help with Colleen

**Need help using your computer, phone, or tablet?
Please do not fret any longer!**

Technology Help is available for **Windows, Mac, Chromebook, Apple, and Android** devices. Get hands-on help with apps, settings, email, photos, and more in a patient, non-intimidating environment.

**Bring your device and stop in during
Technology Help times listed
on the Activity Calendar.
\$5 per session**

**Before you stop by, please call to confirm that
Colleen will be here to help you.**

Call 610-932-5244
Email caowens@oxfordseniors.org

Visit www.oxfordseniors.org
→ Activities → Technology Help

CONSTITUENT OUTREACH

State Senator Carolyn Comitta's Constituent Outreach Representative is available to answer any question you may have regarding Commonwealth of PA programs and services they offer.

The representative will be at our center on the **3rd Wednesday of every month**. The next visit is:

**Wednesday, November 18th
from 10:00am to noon**

West Chester District Office: 610.692.2112
Harrisburg Office: 717.787.5709



Jon Williams, Financial Advisor
will be at our center on the
3rd Wednesday of every month.
The next visit:
**Wednesday, November 18th
from 10:00am to noon**

HEALTH & WELLNESS



Ditch the Workout and Join the Party!

ZUMBA fitness classes every

Tuesday
4:45-5:30pm

Thursday
4:45-5:30pm

ADULTS OF ALL AGES WELCOME!!

Just \$3 a class!

Bring a friend or 2 or 3!!

Kim Malone, Certified Zumba Instructor
For more information, call Kim @ 610-620-4676
or OASC @ (610) 932-5244

Exercise Classes Sponsored by Tivity Health
Instructor Barbara Bond & Barbara McAdams
Currently Off-Site via Zoom
osc.exercise.instructor@gmail.com or 610-348-6763



Tuesday and Thursday
8:30AM - 9:30AM

Via Zoom, contact INFO ABOVE

Trivity Health's SilverSneakers Classic Fitness Program is a comprehensive **no cost** older-adults physical activities program that addresses the needs of the 60 + year old population. Muscular Strength & Range of Movement is the core class of this exercise program. Join us to get yourself back in shape and see how much better you'll feel after a 45-minute workout.. There is no cost for this program and Senior Center membership is not required for individuals 60 and older.

Free Blood Pressure Checks

A volunteer nurse is at the Center on 2nd and 4th Wednesday mornings from 10am to 11am. Stop by, have your blood pressure checked, enjoy some coffee or tea and spend some time with us. Check calendar.



NEED HELP BALANCING YOUR CHECKBOOK?

For those of you who need help balancing your checkbook, Jane Freeman can help you. You must contact Jane directly at (610) 932-2619 to schedule your appointment. Leave a message if she's not home. This is a very helpful, free service that she is volunteering her time to do.



**OPEN SWIM AT THE
JENNERSVILLE YMCA
EVERY THURSDAY 11-1**



**JUST LET THEM KNOW
YOU ARE WITH THE
OXFORD AREA SENIOR CENTER
OR SHOW YOUR KEYCHAIN
WITH COPILOT KEYCARD.
NO CHARGE!**

Bread



Every Wednesday morning the Giant in Jennersville donates their two day-old bread and pastries to our Center. Pick up some bread while you're here between **10am-3pm, Wed-Fri.** Pastries are used as prizes at our Bingo or Birthday Party.

Produce



Every **Monday**, Produce from Chester County Food Bank is available from **1pm-3pm.** First come, first served until gone. Items vary weekly and may be available **Tues through Thurs, 9:30am-2:30pm, Fri 9:30am-12:30pm.**

Gentle Stretching

SilverSneakers Yoga

Monday, Wednesday, Friday

8:30AM - 9:00AM

Via Zoom, contact INFO ABOVE

The class is a variety of seated and standing yoga postures designed to increase flexibility, balance and range of movement. Restorative breathing exercises and final relaxation will promote stress reduction and mental clarity. Join us and see how relaxed and refreshed you will feel after a 30 minute yoga class.

Balance

Exercises to Reduce Fall Risk

Monday, Wednesday or Friday

9:00AM - 9:30AM

Via Zoom, contact INFO ABOVE (schedule on pg. 5)

This class is designed to improve fall prevention by increasing awareness of fall risks, focusing on a stronger base and strengthening core muscles.



Weight Lifting

to Increase Bone Density

Monday, Wednesday or Friday

9:00AM - 9:30AM

Via Zoom, contact INFO ABOVE (schedule on pg. 5)

This class focuses on lifting light weights which will help build stronger bones and muscles.



Practice Tai Chi for fitness and health

Improve health & well being, Improve balance & strength,
Improve concentration, Lower blood pressure,
Relieve stress & anxiety



**Practice group meets
Mondays & Wednesdays
9:30am-10:00am**

Via Zoom, contact INFO ABOVE

Barbara McAdams, ATCQA Certified Instructor

TRIPS

**DUTCH APPLE DINNER THEATER****Tuesday, November 3rd****SOLD OUT!****Depart from OASC: 10:30am****Return to OASC: 4:00 pm**

**MOTORCOACH
TO
DUTCH APPLE
FOR
SHOW AND LUNCH**



Step into the magic of the season with Winter Wonderland, American Music Theatre's 2026 Christmas show! From a charming Bavarian village to the festive North Pole, this dazzling production features stunning sets, gorgeous costumes, and live performances of your favorite sacred and secular holiday songs. With our sensational cast, live orchestra.

Thursday, December 17**SOLD OUT!**

**Lunch will follow the show at
Hershey Farm Restaurant**

**Cost: \$115 per person
The price includes motorcoach
transportation,
a show ticket, and lunch.**

Upcoming Trips

**With winter approaching, we will
pause our trips because of the
possibility of inclement weather.
Please be on the lookout for
announcements about upcoming
trips beginning in April!!**

**Have questions or want to sign up?
We're just a phone call away!**

**Beth Pellegrini, Program Coordinator
610-932-5244
bpellegrini@oxfordseniors.org**

Contact M-Th, 9:00am-2:00pm

**Call before coming in to ensure
Beth is in the office.**

Trip Policy

- **Reservations required; no spot held without payment.**
- **Payment due at sign-up, see Beth.**
- **No refunds after the deadline.**

Parking on Trip Days

Because parking is limited, we will let you know where to park when we make your trip reminder call. This helps keep the Center's limited street parking available for daytime visitors.

**Thank you for your
understanding and cooperation!**

Trip Information

We are able to accommodate foldable walkers and foldable non-motorized wheelchairs. Unfortunately, we cannot transport motorized wheelchairs. All participants must be able to navigate several steps when entering and exiting the bus. Most trips also require the ability to get on and off the bus independently and walk a short distance into the venue and/or restaurant. We will note in each trip description if a particular outing involves extensive walking or other potential obstacles.

Fundraiser

**Kreider's Market
Sub Sale Tickets
\$9.00 each**

at

**Kreider's Market
717-529-6944**

Route 472, just north of the
Octorara Reservoir,
2396 Kirkwood Pike
Kirkwood, PA 17536

**Hours: Mon - Sat, 6am-9pm
www.kreidersmarket.com**

**Tickets are available
through December 2026
and are valid thru
February 28, 2027.**

**Purchase tickets at the
Hostess desk or
from any Board Member.**

(This is not a valid ticket)



The Medicare Annual Open Enrollment Period runs from Thursday, October 15 through Monday, December 7. This enrollment period gives you a chance to revisit your plan choice and make changes if needed. The changes you can make include the following:

- Join, drop, or switch to another Medicare Advantage Plan (Part C) (or add or drop drug coverage).
- Switch from Original Medicare to a Medicare Advantage Plan or from a Medicare Advantage Plan to Original Medicare. (Parts A & B)
- Join, drop, or switch to another Medicare prescription plan if you're in Original Medicare (Part D).

Sally Arter, our Medicare Counselor will be available for appointments Monday through Thursday. Appointments can be scheduled beginning Thursday, October 15 to Friday, December 4, 2025, 9:30am-2:30pm. Call 610-932-5244 to make your appointment with Sally.



Reporting Medicare fraud & abuse

Medicare fraud and abuse can happen anywhere. It's important that you protect your Medicare card, number, and other personal information, and check your Medicare claims regularly. What are some examples of Medicare fraud?

To help spot and prevent Medicare fraud and abuse:

- Compare the dates and services on your calendar with the Medicare statements you get to make sure you got each service listed and that all the details are correct.
- Protect your personal information and become familiar with [how Medicare uses it](https://www.medicare.gov/basics/reporting-medicare-fraud-and-abuse/privacy-practices-original-medicare). (<https://www.medicare.gov/basics/reporting-medicare-fraud-and-abuse/privacy-practices-original-medicare>)
- Know [what a Medicare health or drug plan can and can't do](https://www.medicare.gov/health-drug-plans/health-plans/your-coverage-options/plan-marketing-rules) before you join. If you join a Medicare health or drug plan, the plan will let you know how it will use your personal information. (<https://www.medicare.gov/health-drug-plans/health-plans/your-coverage-options/plan-marketing-rules>)
- Learn more about Medicare and [recent scams](https://smpresource.org/medicare-fraud/) (<https://smpresource.org/medicare-fraud/>).

Protect yourself from medical identity theft

Medical identity theft is a serious crime that happens when someone uses your personal information without your consent to commit Medicare fraud or other crimes. Use the following tips to protect yourself from becoming a victim.

Do:

- Check the receipts and statements you get from providers for mistakes, and call your provider's office if you think a charge is incorrect.
- Create a secure Medicare.gov account to view your Original Medicare claims as soon as they're processed to help spot mistakes sooner.
- Remember that Medicare will never call you to sell you anything or visit you at your home. Medicare, or someone representing Medicare, will only call and ask for personal information in limited situations (like an agent or representative returning your call after you've joined a plan, reported fraud, or left a message for Medicare).

Don't:

- Give your Medicare card, Medicare Number, Social Security card, or Social Security Number to anyone except your doctor or people you know should have it (like insurers acting on your behalf or people who work with Medicare, like your State Health Insurance Assistance Program (SHIP) [Get the contact information for your local SHIP](#). Oxford Area Senior Center, Sally Arter, 610-932-5244
 - o [What do I do if my card is lost, stolen, or damaged?](https://www.medicare.gov/basics/get-started-with-medicare/using-medicare/your-medicare-card) (<https://www.medicare.gov/basics/get-started-with-medicare/using-medicare/your-medicare-card>)
- Accept offers of money or gifts for free medical care.
- Allow anyone, except your doctor or other Medicare providers, to review your medical records or recommend services.
- Join a Medicare health or drug plan over the phone, unless you called and asked for help.

Report Fraud

If you suspect Medicare fraud, report it immediately to Medicare at **1-800-MEDICARE** or visit [Medicare.gov/fraud](https://www.medicare.gov/fraud). And as always, never give your Medicare Number, Social Security Number, or financial information to anyone you don't know.

Community Services

Legal Services

Free Legal Advice

The Chester County Dept. of Aging Services is making an attorney available to senior residents of Chester County on the 2nd Monday of every month from 9:00 AM to 12:00 PM. This service is free to senior residents of Chester County.

Appointments are required. For more information or to schedule an appointment, contact the Dept. of Aging at 610-344-6350. All appointments are at the Dept. of Aging in West Chester.



Legal Helplines

The Pennsylvania SeniorLAW Helpline is a toll-free, state wide hotline for legal information,

advice, and referral service for Pennsylvania senior citizens (60 years and older). This is a free and confidential telephone service, staffed by attorneys Mon-Thu from 10:00am-2:00pm. Call 1-877-727-7529. You can also visit their website <http://seniorlawcenter.org/> for more information.



Legal Aid Advice & Referral Helpline

Legal Aid of Southeastern PA operates a toll-free telephone intake, brief advice and referral system. If eligible, you can receive immediate assistance with a legal question or concern. Call 877-429-5994, Mon-Thu, from 9:00am-1:00 pm.



CHESTER COUNTY DEPARTMENT OF AGING

The mission of the Chester County Department of Aging Services is to provide home and community-based protection, advocacy, and information and assistance services to people

aged 60 and over and their families, so they can have choices about how they want to live with dignity and respect, lead independent and active lives, and be free from abuse and neglect.

The Chester County Department of Aging has an Information and Referral (I &R) Specialist that can discuss the consumers various needs and concerns, offer information on numerous resources in the community (housing, financial assistance, transportation, counseling, meal programs, visiting doctors, and other general information and phone numbers) as well as information about the various programs offered through the Department of Aging.

Visit Chester County Department of Aging Services at <https://www.chesco.org/135/Aging> to obtain information on various topics or contact them at 610-344-6350 or ccaging@chesco.org:

- Aging Services and Referral for Services such as LIFE (Living Independence for the Elderly, Nursing Facility Assessments, Nursing Home Transition
- Medicare Counseling (PA MEDI) (see page 3)
- COMPASS: Health/Human Service Programs
- Legal Services (see article on left for information)
- Protective Services



EXPERIENCING HOMELESSNESS?

Sleeping outside or in a vehicle?

Fleeing domestic violence?

At risk of losing your current housing?



CALL 2-1-1 FOR ASSISTANCE



CHESTER COUNTY HAS SERVICES TO HELP

- Emergency services information available 24/7
- Intake done 8 AM to 5 PM, Monday - Friday
- Text your zip code to 898-211
- Se habla Español
- Hearing impaired? Use 7-1-1 relay service to call 2-1-1



Decade to Doorways



Human Needs Network of Chester County



Taking and responding to 211 prevention or information calls locally

2-1-1

Pennsylvania Get Connected. Get Help.™

Chester County's Department of Human Services is partnering with PA211 to provide local 211 navigators – a single point of information and referral support for 211 callers, connecting local residents to the health, housing and human services they need.

Taking & responding to 988 suicidal crisis or emotional distress calls locally

Chester County residents who call 988 will reach a team of crisis counselors located in Chester County. This local connection ensures a more comprehensive, effective, and accessible mental and behavioral health crisis response system for all who live in Chester County.



Community Services



Whole-Home Repairs Program

The Whole-Home Repairs Program assists eligible low-moderate-income Chester County homeowners in making critical repairs so their homes are habitable, safe, accessible, and healthy.

Chester County WHR Program awards must be below the amount of \$25,000 and will support labor and materials needed to complete home renovation activities. Homeowners are required to meet program eligibility requirements and approved scopes of work will only include repairs that directly address immediate health, safety, habitability, and accessibility concerns.

To view the Chester County Whole-Home Repairs Program Policies and Procedures (9/29/23) visit <https://www.chesco.org/5441/Whole-Home-Repairs-Program>

If you have an interest in the Whole-Home Repairs Program, please call 610-713-8088 or visit www.goodworksinc.org/whrp

Applications will be accepted until all funds have been awarded to eligible applicants.



Do you need:

- A new roof?
- A ramp to your door?
- A new furnace?
- Your house siding repaired?

FREE HOME REPAIRS

FOR LOW INCOME HOMEOWNERS

To qualify for free home repair, you must:

- own your home
- be current on mortgage, taxes and insurance



LEARN MORE

call us at: 610-444-1860

or apply online at:
goodneighborshomerepair.org/request-a-home-repair



www.housingpartnershipcc.com

**41 W. Lancaster Ave, Downingtown, PA 19335
610-518-1522**

Home Modification Access Program

This program will adapt your home to your specific disability. HPCC will provide modifications that include, but are not limited to: ramps, lifts, door and hallway widening, kitchen and bathroom modifications, visual doorbells, audio phones and visual phone signalers. There is a \$22,000 limited to this grant program. You will not be required to pay for this work.

Senior Citizen Home Maintenance Program

This program is administered by the HPCC on behalf of the Chester County Department of Community Development. The program provides basic home maintenance, repairs, and access modifications. There is a \$6,000 limit on work to be performed for each residence. This cost is considered a one-time, full grant. Work includes any type of home maintenance and repairs include, but are not limited to, roof repair, heater installation, window, decks, bathrooms, and siding.

For restrictions, eligibility requirements and income limits please call or visit website.

PA Dept. of Health Updates

Visit the Pennsylvania Department of Health's website for health updates. <https://www.health.pa.gov/Pages/default.aspx#>

Center for Disease Control (CDC)

Visit the CDC website for the latest information,
<https://www.cdc.gov/>

Chester County Health Department

Visit this website for the latest information for Chester County
<https://www.chesco.org/224/Health>

Governor's Websites

Visit the Governor's websites for important information.

Pennsylvania Governor's website: <https://www.governor.pa.gov/>
Maryland Governor's website: <https://governor.maryland.gov/>
Delaware Governor's website: <https://governor.delaware.gov/>

Veterans Affairs

In case you are a veteran or know of one in need, please call 610-344-6375 (<https://www.chesco.org/va>)

Emotional Support

Where people can turn if they need to talk:

Emotional Listening Line at 800-932-4616.

<http://www.contacthelpline.org/emotional-listening-support>

- The Chester County Department of Mental Health has information on how to access help and support. Visit their website and help us to get the word out by sharing this message. <https://www.chesco.org/615/Mental-HealthIntellectual-Dev-Disabiliti>
- Chester County Warm Line: 866-846-2722 or visit chesco.org/mhidd

Oxford Area Senior Center

Be sure to also check our website at oxfordseniors.org/resources for other important resources in our area.

SENIOR SERVICES

Chester County Food Bank Chester County Senior Food Box Program (CCSFBP)

Is a Chester County Food Bank program that helps seniors gain access to nutritious foods so they can better improve their health.

If you or someone you know is at least 60 yrs. old and has low income (below 185%), please register for the CCSFBP box that is available to qualifying seniors each month.

Each box may contain fruit, non-perishable proteins, vegetables, carbohydrates & dairy!!

Proof of age is required at sign up. There is no charge for this food.

*For more information contact
Sally Arter, (610) 932-5244*



Shared Ride Program

**Chester County Department
of Community Transit
“CHESCO CONNECT”**

Chesco Connect provide trips to individuals age 65+ for the following:

- Riders traveling for health care or medical services covered by Medical Assistance
- Persons with disabilities traveling for recreation, work, shopping, and medical trips
- General public riders paying the full fare

Contact 610-344-5545 to schedule rides

FARE RATE

Seniors riding with Chesco Connect are required to pay a **\$1.00 fare per ride for essential trips. Please ensure you have the correct fare** as Chesco Connect drivers do not make change.

If you have any questions or are interested in setting up a pre-paid account with Chesco Connect, please contact them at 610-344-5545.

PA RENT & TAX REBATE



The deadline for filing PA RENT & TAX REBATE Forms has been extended to December 31st. We can help, call 610-932-5244 and ask for Sally to get assistance.

Medicare Part B

2027 Premium and Deductible Projections

The **Social Security Administration (SSA)** has announced a **3.6% cost-of-living adjustment (COLA)** for 2027.

Centers for Medicare & Medicaid Services (CMS) will finalize 2027 Medicare amounts in **November 2026**.

Current projections are:

- **Monthly premium:** \$202.90 to **\$209.50 (+\$6.60).**
- **Annual deductible:** \$283 to **\$292 (+\$9).**



FREE FOOD FOR SENIORS

Commodity Supplemental Food Program
PA SENIOR FOOD BOX PROGRAM

What do you need to know to be eligible?

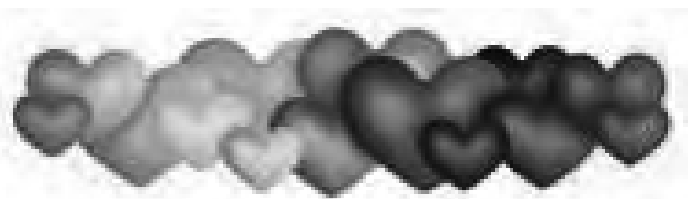
- If you are 60 years of age or older.
- If your total household income is below 150%.
 - Household 1 person: Monthly income \$1,957
 - Household 2 people: Monthly income \$2,644

What will you receive in the food box?

- **FRUITS & JUICES:** 1 juice & 3 fruits or 1 juice, 2 fruits, 1 raisin
- **VEGETABLES:** 6-8 vegetables & dehydrated potatoes
- **CHEESE:** 2-pound block
- **MILK:** 2 UHT milk –32 oz each
- **MEAT, POULTRY & FISH:** 1 beef or 1 chili & 1 poultry or fish
- **PLANT-BASED PROTEIN:** 3 peanut butter, canned beans, dry beans, or lentils
- **CEREALS:** 2 dry, farina, rolled oats or grits
- **PASTA & RICE:** 2 pasta or white/brown rice

*For more information contact
Sally Arter, (610) 932-5244*

**Lancaster County Residents
Central PA Food Bank, Eldershare Program
717-564-1700**



Oxford Area Senior Center

Annual Support Fund Drive

Due to continuing tight finances, declining revenue from grants, and increasing costs to operate our Senior Center, and of course the COVID-19 virus which has caused us to limit some of our food fundraisers, we find it necessary to again have an Annual Support Fund Drive to help defray some of the costs in operating our Senior Center.

This year's Fund Drive will begin on December 1st so more details will be in next month's newsletter.

Thank you for all that each of you do to keep the Senior Center a fun and vibrant place to visit, find help with many issues facing seniors, and have a nutritious lunch 5 days a week.

**Oxford Area Senior Center
Board of Directors**

Support

GIVINGTUESDAY

What if we told you, you are changing the world right now? Would you believe it?

A better future is being built by all of us right now, in the billions of small actions we take each day. Acts of care, love, and understanding extend outward, like the threads of a beautiful tapestry. Whether it's offering a kind smile, a helping hand, or an hour of your time—these acts have a way of rippling out, becoming part of something much greater. That is the power of radical generosity.

GivingTuesday

GivingTuesday is a global generosity movement unleashing the power of radical generosity. GivingTuesday was created in 2012 as a simple idea: a day that encourages people to do good. Since then, it has grown into a year-round global movement that inspires hundreds of millions of people to give, collaborate, and celebrate generosity.

Join the movement and give, whether it's some of your time, a donation, or the power of your voice in your local community.

It's a simple idea: whether it's making someone smile, helping a neighbor or stranger out, showing up for an issue or people we care about, or giving some of what we have to those who need our help, every act of generosity counts and everyone has something to contribute toward building the better world we all want to live in.

GivingTuesday is a global day of giving, celebrated on the Tuesday following Thanksgiving (in the U.S.) and the widely recognized shopping events Black Friday and Cyber Monday, GivingTuesday kicks off the charitable season, when many focus on their holiday and end-of-year giving.

**On December 1, 2026 join the movement
and give to your favorite senior center!**

<https://oxfordseniors.org/donate/>



**Our Charitable Donation Collection
This Year Will Be
Oxford Neighborhood Services Center
Christmas Toy Drive**

It's that time of year when we want to do something
to help make the holidays special
for people in our community.
We will be donating to



Oxford, PA

We collect new toys and children's clothing every holiday season for our annual Christmas Room to help our neighbors who are less fortunate. We accept monetary donations and donations of new, unwrapped toys and clothing for boys and girls from infants to 12 years old.

ALL ITEMS MUST BE NEW

Thank you for making this season just a little brighter by helping those in need.

Solutions, Strategies, Answers



Newsletter of the 18 Social Security Administration offices in Bucks, Chester, Delaware, Lehigh, Monroe, Montgomery, Northampton, and Philadelphia counties



If We Would Get Questions, These Are Questions We Think We Would Get

Can I laminate my Social Security card?

We discourage lamination because it would prevent detection of certain security features. To deter potential fraud and misuse involving SSNs, we issue cards that are both counterfeit-resistant and tamper-resistant. The card contains a marbled light blue security tint on the front, with the words "Social Security" in white; intaglio printing in some areas on the front of the card; and yellow, pink, and blue planchets, small discs on both sides. We cannot guarantee the validity of a laminated card. However, you may cover the card with plastic or other material if it is removable and does not damage the card.

Am I getting my money's worth out of Social Security?

Many people tend to judge Social Security's value by the retirement benefits they expect to receive in relation to taxes paid, without regard to disability and survivors' insurance. Since it is a social insurance program, one cannot view it merely as a personal savings plan or an investment plan. It is true that some workers will receive more in benefits than they paid in taxes, while some will receive less. But its main purpose is to benefit society as a whole.

Why do I have to pay taxes on my Social Security benefits?

The provision to tax benefits became law in 1983 to help restore the financial soundness of the Social Security program. Congress based this provision on the tax treatment of private and public pensions, with some modifications. Initially, Congress decided to tax up to 50 percent of a beneficiary's Social Security benefits, but only if the beneficiary's income exceeded certain thresholds. We intended for income thresholds to exempt low and middle-income beneficiaries from the taxation provision. The income thresholds that determine whether Social Security benefits are taxable and the percentage of benefits that are taxable do not apply to private and public pensions, and therefore, result in the more advantageous tax treatment of Social Security benefits. (<https://www.ssa.gov/faqs/en/>)

**Help take care of yourself
and your community.**



Get vaccinated.

ALL COMMUNITY MEMBERS ARE WELCOME

📅 November 5, 2026

🕒 10:30am-3:00pm

Time subject to change.

📍 Oxford Senior Center
12 E. Locust Street
Oxford, PA 19363

FLU &
COVID-19
VACCINES
AVAILABLE

Registration opens
in September!

- 📄 Registration required
- 📄 Vaccines available regardless of insurance status
- 📄 Have insurance? Bring your card
- 📄 Fill out and bring consent form
- 📄 Wear short or loose-fitting sleeves

Register at

CHESCO.ORG/FLU,
or call **610-344-6225**



Provided by the Chester County
Health Department.



For Veterans without Dental Insurance
Procedures include:
Cleanings, Fillings, Extractions,
X-Rays, Panorex

**Tuesday, November 10
8:30am-4:00pm**

To make an appointment,
please call 610-836-5990 ext. 125
and mention

“Give Veterans a Smile Day”
300 B Lawrence Drive, West Chester, PA



SNOW CLOSING

To simplify notifications during inclement weather, please follow the policy below.

If the Oxford Area School District is closed or operating on any delay, the Senior Center will be closed.

To confirm a school delay or closure, please check:

- The Senior Center's recorded phone greeting
- The OASC website
- The OASC Facebook page
- Local television or radio stations



Happy Thanksgiving!



**AARP Foundation
Tax-Aide**

**AARP
Tax-Aide
program needs
volunteers to
help taxpayers**

We are looking for volunteers to help those in our community, who need it most, receive the income tax refunds they deserve. You can help.

To become a volunteer visit:
www.aarp.org/taxaide
You do not need to have an AARP Membership to volunteer

Join AARP Foundation Tax-Aide Oxford, PA Team Volunteer in your community

Tax filing season may be months away, but the AARP Foundation Tax-Aide Oxford, PA Group are looking for friendly and service-oriented people to join their Volunteer Team for this upcoming tax season. The program has several types of volunteer opportunities. You'll receive training and support, learn new skills and feel great while helping others. Volunteers are trained, and classes are generally held in December or January for the upcoming tax filing season. The amount of training required depends on the position.

AARP Foundation Tax-Aide provides free tax-filing help to those who need it most. Tax-Aide focuses on serving older adults living with low to moderate income and helps them secure much-needed tax refunds.

During tax filing season mid-February through mid-April, the volunteers will assist taxpayers while the Oxford Area Senior Center is in operation. Starting January 4, 2027 they will take calls for the waiting list or possible appointments if tax appointment schedule is known.

PLEASE DO NOT CALL BEFORE JANUARY 4, 2027.

About AARP Foundation Tax-Aide Program

Pennsylvania residents can get their taxes done for free beginning in early February and continuing through mid-April. AARP Foundation Tax-Aide, the nation's largest free tax preparation assistance service, has low-contact, contact-free, and in-person options for providing taxpayer assistance. These options vary by location and are subject to change.

AARP membership is not required. Visit aarpfoundation.org/taxaide for details.

**If you need help paying your heating bills, or have a heating emergency...
May Be Able To Help You**



What is LIHEAP?

The Low-Income Home Energy Assistance Program (LIHEAP) helps low-income families pay their heating bills. LIHEAP is a grant. You do not have to repay it.

To receive help...

- Apply between November 2, 2026 and April 23, 2027.
- You don't have to be on public assistance
- You don't need to have an unpaid heating bill
- You can either rent or own your home

How does LIHEAP work?

LIHEAP offers both cash and crisis grants. Families may apply for:

Cash Grants

Cash grants help families pay their heating bills. The one-time payment is sent directly to your utility company or fuel provider, and it will be credited on your bill. (In some cases, the check may be mailed to you directly.) Cash grants range from \$200-\$1000 and are based on household size, income, and fuel type.

Crisis Grants

Crisis grants may be available if you have an emergency situation and are in jeopardy of losing your heat. You can receive more than one Crisis grant, as necessary, during the season until the maximum benefit of \$1000 is reached.

Crisis situations include:

- Broken heating equipment or leaking lines that must be fixed or replaced
- Lack of fuel
- Termination of utility service
- Danger of being without fuel (less than a 15 day supply) or of having utility service terminated (received a notice that service will be shut off within the next 60 days)

If you have a heating emergency please call your local county assistance office (CAO).

How do I apply?

- Apply online at: www.compass.state.pa.us
- Request an application by calling the Statewide LIHEAP Hotline at 1-866-857-7095 or call PA Relay at 711 for the hearing impaired.
- Applications are available at your local CAO
- Applications are available at Oxford Area Senior Center

To apply, you will need

- Names of people in your household
- Dates of birth for all household members
- Social Security Numbers for all household members
- Proof of income for all household members
- A recent heating bill

Who is eligible?

You may qualify for a LIHEAP grant if your household income meets the following income guidelines:

Household Size	Income Limit
1	\$23,940
2	\$32,460
3	\$40,980
4	\$49,500

Chester County Assistance Office (CAO)

100 James Buchanan Drive

Thorndale, PA 19372-1132

Toll-Free: 1-888-814-4698

Phone: 610-466-1000

LIHEAP 610-466-1042

www.dhs.pag.gov/LIHEAP



OXFORD
AREA HISTORICAL
ASSOCIATION

PRESENTS

November 12, 2026

Cheryl Renée Gooch

Free, and Determined to be Free: The Hinsonville-Hosanna-Lincoln Legacy

Biographical information

Dr. Cheryl Renée Gooch is recognized as a distinguished academic historian, public historian, and museum educator. Her research is dedicated to uncovering and interpreting aspects of African American life and history that have often been obscured or forgotten. Through her work, Dr. Gooch collaborates extensively with museums, national parks, state parks, and cultural heritage organizations to enrich the understanding and presentation of the diverse American experience. While serving as Dean of Humanities and Social Sciences at Lincoln University, she authored two books about important aspects of southern Chester County history: *On Africa's Lands: The Forgotten Stories of Two Lincoln-Educated Missionaries in Liberia* and *Hinsonville's Heroes: Black Civil War Soldiers of Chester County, Pennsylvania*.

She serves as President of Friends of Hosanna AUMP, a state registered nonprofit dedicated to preserving the church's pivotal role in major social movements—from the founding of Lincoln University and the Underground Railroad to Liberian colonization and the Civil War. She leads the organization's county-wide initiative, "Free, and Determined to be Free," which expands the narrative of freedom by centering African American churches and communities within multiracial, multid denominational networks.

December 10, 2026

William Palmerio (Bill)

American Songbook Masters: Jewish Songwriters and the Holiday Songbook

Music has always been integral to joyful holiday celebrations all over the world. How many precious memories of happy holiday times are triggered when we start hearing our favorite seasonal songs and carols - usually beginning the first day after Halloween! But did you know that many of our favorite Christmas tunes were written by Jewish songwriters? It is common knowledge that Irving Berlin and Mel Tormé wrote "White Christmas" and "The Christmas Song" respectively. However, many other treasured holiday song standards were also written, or partially written, by established Jewish lyricists and composers. In this presentation we'll take a closer look at the interesting back stories behind many of these holiday favorites, and hopefully come away with a new appreciation of the creative range of our great Jewish songwriter.

Oxford Area Historical Association

19 South 5th St., Oxford, PA 19363 • information@oxfordhistorical.org • (610) 467-0339



12 East Locust Street
Oxford, PA 19363

Phone: 610-932-5244

Fax: 610-932-8084

Website: www.oxfordseniors.org

Email: contact@oxfordseniors.org

In accordance with Federal Law the Oxford Area Senior Center does not discriminate on the basis of race, religion, color, handicap, sex, physical condition, developmental disability, sexual orientation, or national origin.

Oxford Area Senior Center

STAFF

Jim McLeod	Executive Director
Beth Pellegrini	Program Coordinator
Jim Jackson	Kitchen Supervisor
Joanne Cheek	Kitchen Staff
Colleen Owens	Information Technology Specialist
Sally Arter	Information & Assistance Specialist
Jean Bender	Hostess (W, Th, F)
Jan Weaver	Hostess (M, Tu)
LKR Grant Solutions	Grant Writer

INSTRUCTORS

Barbara Bond	Exercise Instructor
Barbara McAdams	Exercise Instructor
Kim Malone	Zumba Instructor



United Way of
Southern Chester County

Board of Directors 2026/2027

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Ira Binder	President
George Lauer	Vice-President
Noel Roy	Treasurer
Geoff Henry	Secretary

Members

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The Oxford Area Senior Center is funded in part under a contract with the Chester County Department of Aging Services and PA Department of Aging. Funding is also provided by the Emergency Aid of PA Foundation, Leo & Peggy Pierce Family Foundation, Chester County Community Foundation, James & Miriam Herr Family Fund, Hutton Family HeLP Fund, Wentworth Assoc. Fund for Senior Housing, McLean Contribution Foundation, The Gordon Charter Foundation, United Way of Southern Chester County, United Way of Chester County, Luther Management Company of SCC, W. W. Smith Charitable Trust, BNY Mellon, Marshall-Reynolds Foundation, Oxford Area Civic Association, Wawa & Dansko Foundations, The Scholler Foundation, and surrounding municipalities. Funds are also raised by donations, craft sales, and donations given through memorials, wills and bequests. The Oxford Senior Center is a 501(c) (3) non-profit organization. All contributions are tax deductible.