

## Director's Corner

The long-awaited summer season is upon us. It's time to prepare for the *hot* weather which is ahead. Make sure your fans and air conditioners are in proper operating condition. Don't be caught short and have the lengthy hot weather arrive and not be ready. Check that all of your windows open properly and screens are in good shape. Good ventilation is important in the warm weather.



Thanks to all who helped with our Spring Breakfast fundraiser. We made a little money and had a good time. We could not do these things without all of you.

I want to thank a few individuals for devoting their time and energy to your Center by serving on the Participants' Council. Lorraine Broomell, Evelyn Stumpo and David Denny are finishing three-year terms on the Council. Ed French, Carmella Humble and Lori Walton are finishing one-year terms as Alternates. The Council makes recommendations on activities and helps with fundraisers. Their help is invaluable. Please thank them when you see them. We welcome back Don Poe, Shirley Terry and Floss Duvall who will be serving 3-year terms on the Council.

We have some very informative and fun late afternoon and evening programs scheduled for the next few months. See pages 8, 9, 10 and 11 for more details.

Have a safe and healthy June,  
Jim

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**"Pasta for a Purpose"**  
**Take-Out Spaghetti Dinner Fundraiser**  
**Thursday, June 14, 2018**  
See page 12

Farmer's Market vouchers will be available on  
**MONDAY, JUNE 4TH AFTER 11am.**

## Independence Day Party

Our Independence Day Party will be held at the Center on  
**Tuesday, July 3, 2018**  
12:45 pm  
Luken's German Band



Happy  
*Father's*  
Day

**Enjoy Your Day**

**Sunday**

**June 17, 2018**

**THANKS TO LAST MONTH'S...**

**VOLUNTEERS**

All Spring Breakfast helpers and  
Lunchtime kitchen volunteers  
Dan Margist  
John Tercha

**IN KIND GIFTS**

Giant Food Store, Jennersville  
Philips Florist  
Nottingham Inn

**DONORS**

Eleanor Brown  
Chris Buschmeier  
Jean McCauley  
Jack Supplee  
Dorothy Waltz  
Hutton Family HeLP Fund, a CCCF Fund  
Borough of Oxford

***A Special Thanks to all our  
VOLUNTEERS***

Since the June newsletter is the final edition of our fiscal year, it seems only proper to thank all of you who so diligently share your time with us.

The Center staff spends much time planning and scheduling all of the various activities that we provide to the senior community. However, without the over 5,000 hours that volunteers spend assisting us, these activities would not be successful.

So, from all of us to all of our dedicated volunteers,

***A Big THANK YOU***



**JULY**

DATE	TIME	EVENTS
3	12:00pm	Independence Day Party
10	9:30am-3:30pm	Spirit of Philadelphia Trip
10		Center is Closed on Trip
11	7:00pm	Bluegrass Under the Stars
13	6:30-8:30pm	Evening - Line Dancing
16	7:00pm	Medicare 101
17		<b>Happy Father's Day</b>
18	10:00am-5:00pm	Avon Grove Seniors Trip
18	12:00pm	Birthday Party
24	1:00-2:30pm	Daytime - Line Dancing
27	6:30-8:30pm	Evening - Line Dancing

**AUGUST**

7	1:00-2:30pm	Daytime - Line Dancing
10	6:30-8:30pm	Evening - Line Dancing
15	12:00pm	Birthday Party
15	7:00pm	Medicare 101
21	1:00-2:30pm	Daytime - Line Dancing
24	6:30-8:30pm	Evening - Line Dancing

**SEPTEMBER**

17	1:00pm	Medicare 101
19-21		New York City Overnight Trip
19	12:00pm	Birthday Party



**IN MEMORY**

We wish to offer our condolences to the family and acquaintances of our dear friends:

**Jennie Graybeal  
Peg Hoopes**

**OUR BEST WISHES  
&  
THOUGHTS GO TO:**

Family of Jennie Graybeal  
Family of Peg Hoopes  
Pennie Bellino  
Patsy To  
Mary Devito



**NEW MEMBERS**

Lillian Ankney  
Jeannie Cass  
Brenda Chambers  
Ruth Ann Horne  
Jacqueline London  
Janet Meredith  
Barbara Mobarak  
Ann Nutt



# INFORMATION & REFERRAL



Spring! It's that time of year. Seems everyone is preparing for something - graduation, weddings, sports events and trips. Be sure to use sunscreen when outside for long periods of time, as well as drinking plenty of water. Just learned that one of the causes of depression is dehydration. Preventive action is far better than treating sunburn and dehydration after the fact!!

People are asking a lot of questions regarding the Health Reform Law. The new law addresses Medicare in a number of ways. Many effective dates of parts of the bill are still yet to be determined. Dates that are definite are: Sept. 30, 2018 you'll receive your Annual Notice of Change & Evidence of Coverage documents from your Part D Plan. Beginning Oct. 15, 2018 until Dec. 7, 2018 you'll be able to add, drop or switch Part D Plans. After Dec. 7th you're locked in to your plan for all of 2019. The plan becomes effective Jan. 1, 2019. Even with all the warnings last year, some didn't check their plans and are stuck with bad plans this year. Don't delay this year!! A great plan one year can be the worst plan the next year!! *Plan ahead!*

If you or someone you know is turning 65 in the next several months, now is the time to start planning your Medicare coverage. Even if you plan to work for a while, some company plans will not cover you if you're eligible for Medicare. Medicare eligibility is age 65, no matter when you begin drawing Social Security. You will automatically receive your Medicare card before your 65th birthday only if you are currently receiving Social Security benefits, you just need to decide how you need to be covered. Clarification of your coverage with you or your spouse's employer is the first step in the process. I'll be glad to answer any of your questions concerning this - just don't wait too long, there are periods of guaranteed coverage and eligibility. Don't miss yours!

New Medicare cards are beginning to be issued. It will come automatically, don't fall for any scams for early issue! PA residents should have them by the end of June.

Medicare 101 classes are scheduled to be held here at the Center on Monday, June 18th and September 17th at 1:00pm. July 16th, August 15th, October 15th and December 10th at 7:00pm. We're offering day and evening classes to accommodate those still working. This is the time to get prepared for the changes you and/or your friends will experience turning 65. We will address signing up for Medicare and the various options available for prescription, medical & hospital insurance coverage. Mark the dates now and tell your friends. Attending this class first makes our one on one time more productive.

Farmer's Market vouchers will be available on **MONDAY, JUNE 4TH AFTER 11am**. Please refer to the list that shows **income limits** for this year. Take advantage of this offering. Have a great June. Get out and enjoy the sunshine!



<u># in household</u>	<u>monthly</u>	<u>yearly</u>
1	\$1,871	\$22,459
2	\$2,537	\$30,451
3	\$3,203	\$38,443

*Sally*

### WHAT IS INFORMATION & ASSISTANCE?

From time to time we all know we need information but have no idea how to find answers.

### WHO IS SALLY ARTER?

Sally is the Center's very own Information & Assistance Specialist. Her responsibilities include helping you find the answers to your questions.

### REFER WEB

The Chester County Department of Human Services is pleased to introduce Refer Web, an Information and Referral web-based application. Simply visit their web-site at [www.chesco.org/human](http://www.chesco.org/human). Once on the site, locate the Refer Web icon, click on it and start searching.

## JUNE 2018 MENU

Call 610-932-5244 - Business Hours: 8:30 am - 3:00 pm

Call to sign up for lunch by 3pm Tuesday for the ENTIRE following week.

**MENU IS SUBJECT TO CHANGE WITHOUT NOTICE - Meal served at 12:00 pm**

MON	TUE	WED	THU	FRI
<b>SENIORS 60 &amp; ABOVE</b> A voluntary confidential requested \$2.00 donation	<b>INDIVIDUALS UNDER 60</b> \$4.89			1. Roasted Pork Loin w/ gravy Whipped Potatoes Green Beans Wheat Bread Cookie
4. Beef Stroganoff w/ gravy Buttered Bowties Mixed Vegetables Wheat Bread Fresh Seasonal Fruit	5. Chicken Caesar Salad w/Dressing Minestrone Soup Breadstick Sliced Peaches	6. Stuffed Pepper Whipped Potatoes Coin Carrots Wheat Bread Strawberry Shortcake	7. Turkey, Bacon, & Cheese Jr. Club Sandwich Cream of Broccoli Soup Applesauce	8. <b>Luau Lunch</b> Pineapple Glazed Ham Whipped Sweet Potatoes Creamy Coleslaw Wheat Bread Chocolate Pudding
11. Pork Carnita Taco Topped w/sweet & sour slaw Rice w/Chives Corn Tortilla Fresh Melon	12. Sweet & Sour Meatballs Penne Pasta Hawaiian Coleslaw Dinner Roll Sliced Pears	13. Meatloaf Whipped Potatoes Green Beans White Bread Banana Pudding, Nilla Wafers	14. Chicken, Spinach & Cranberry Salad w/Balsamic Dressing Mixed Greens & Spinach w/Cucumber Pickled Diced Beets Breadstick Cookie	15. Steak Sandwich Ranch Seasoned Potatoes Fresh Seasonal Fruit
18. Baked Salmon Parsley Potatoes Broccoli & Carrots White Bread Cookie	19. Creamy Chicken Salad Croissant w/lettuce & tomato Tomato Soup Croissant Fresh Seasonal Fruit	20. <b>Birthday Party</b> Orange Glazed Pork Loin Vegetable Rice Pilaf Cauliflower Wheat Bread Birthday Cake	21. Chicken Primavera Penne Pasta Tossed Salad w/ Dressing Hardboiled Egg Garlic Breadstick Sliced Pears	22. Salisbury Steak w/ gravy Cheesy Whipped Potatoes Sweet Peas White Bread Brownie
25. Roasted Turkey Whipped Potatoes w/ gravy Peas & Carrots Wheat Dinner Roll Gelatin	26. Hamburger w/lettuce & tomato Sweet Potato Bites Green Beans Fresh Seasonal Fruit	27. Baked Breaded Chicken Cutlet AuGratin potatoes Sweet Peas White Bread Cookie	28. Tuna Salad Sandwich w/lettuce & tomato Creamy Potato Soup Pineapple & Cherries	29. Kielbasa BBQ Butterbeans Macaroni Salad Fresh Seasonal Fruit

ALL MEALS SERVED WITH MILK, COFFEE OR TEA (HOT OR COLD)

Senior Center membership is not required for those 60 and older to participate in the lunch program. Chester County residents 60 and older are invited to attend their local Senior Center to enjoy a noon time meal. There is no cost for the meal but you must reserve your meal by 3pm Tuesday for the ENTIRE following week of meal service. A voluntary confidential contribution of \$2.00 is appreciated toward the cost of the meal but is not required. *The official registration and financial information of Chester County Department of Aging Services may be obtained from the Pennsylvania Department of State by calling toll free, within Pennsylvania, 1 (800) 732-0999. Registration does not imply endorsement.*

**Rover Transportation Available**

## JUNE 2018 ACTIVITIES

MON	TUE	WED	THU	FRI
	<p><b>Happy Father's Day to all our Gentleman Enjoy June 17th!!</b></p>			<p>1. 9:30-11:30 Crafts 10-12 Cards/Games 11:15-11:45 Gentle Stretching 12:00 Lunch <b>1:00 Cards/Games</b></p>
<p>4. 10-11 Q&amp;A/Tech Help 10-12 Cards/Games 10:30 Participants Council Meeting 11:15-11:45 Gentle Stretching 12:00 Lunch <b>1:00 Cards/Games</b> 1-3 Food Box Pickup 2-3 Q&amp;A/Tech Help</p>	<p>5. 9:30-11:30 Crafts 10-12 Cards/Games 10:00 SilverSneakers <b>NO</b> Practice Tai Chi 11-12 Q&amp;A/Tech Help 12:00 Lunch <b>1:00 Make It &amp; Take It</b> 4:30 Zumba</p>	<p>6. 8:30-11:30 Paint Class 10-11 Q&amp;A/Tech Help 10-11 Blood Pressure 10-12 Cards/Games 12:00 Lunch <b>12:45 Bingo</b> 2-3 Q&amp;A/Tech Help</p>	<p>7. 10-12 Cards/Games 10:00 SilverSneakers 12:00 Lunch <b>1:00 Cards/Games</b> 4:30 Zumba</p>	<p>8. 9:30-11:30 Crafts 10-12 Cards/Games 11:15-11:45 Gentle Stretching 12:00 Luau Lunch <b>1:00 Cards/Games</b> <b>6:30 Line Dancing</b></p>
<p>11. 10-11 Q&amp;A/Tech Help 10-12 Cards/Games 11:15-11:45 Gentle Stretching 12:00 Lunch <b>1:00 Cards/Games</b> 2-3 Q&amp;A/Tech Help <b>6:00 Glass Etching Workshop</b></p>	<p>12. 9:30-11:30 Crafts 10-12 Cards/Games 10:00 SilverSneakers <b>NO</b> Practice Tai Chi 11-12 Q&amp;A/Tech Help 12:00 Lunch <b>1:00 Line Dancing</b> 4:30 Zumba</p>	<p>13. 8:30-11:30 Paint Class <b>9:00-12 Reflexology</b> 10-11 Q&amp;A/Tech Help 10-11 Blood Pressure 10-12 Cards/Games <b>10:30 Rover Outreach</b> 12:00 Lunch <b>12:45 Bingo</b> 2-3 Q&amp;A/Tech Help <b>7:00 Patriotic DIY Workshop</b></p>	<p>14. 10-12 Cards/Games 10:00 SilverSneakers 12:00 Lunch <b>1:00 Bayada Cataract's w/Barbara</b> <b>3:00-6:00pm</b> <b>Spaghetti Take-Out Dinner</b> 4:30 Zumba</p>	<p>15. 9:30-11:30 Crafts 10-12 Cards/Games 11:15-11:45 Gentle Stretching 12:00 Lunch <b>1:00 Ice Cream Floats</b></p>
<p>18. 10-11 Q&amp;A/Tech Help 10-12 Cards/Games 11:15-11:45 Gentle Stretching 12:00 Lunch <b>1:00 Medicare 101</b> 2-3 Q&amp;A/Tech Help</p>	<p>19. 9:00 Jane Freeman 9:30-11:30 Crafts 10-12 Cards/Games 10:00 SilverSneakers <b>NO</b> Practice Tai Chi 11-12 Q&amp;A/Tech Help 12:00 Lunch <b>1:00 CCDH Lyme Disease Presentation</b> 3:00 Board Meeting 4:30 Zumba</p>	<p>20. <b>Birthday Party</b> 8:30-11:30 Paint Class 10-11 Blood Pressure 10-12 Cards/Games 12:00 Lunch <b>12:45 Bonworth Fashion Show</b></p>	<p>21. 10-12 Cards/Games 10:00 SilverSneakers 12:00 Lunch <b>1:00 America's Support Coordination and Management w/ Bruce</b> 4:30 Zumba</p>	<p>22. 9:00-2:00pm - <b>Fine Jewelry, Watch, Clock Repair, &amp; Appraisal Clinic</b> 9:30-11:30 Crafts 10-12 Cards/Games 11:15-11:45 Gentle Stretching 12:00 Lunch <b>1:00 Cards/Games</b> <b>6:30 Line Dancing</b></p>
<p>25. 10-11 Q&amp;A/Tech Help 10-12 Cards/Games 11:15-11:45 Gentle Stretching 12:00 Lunch <b>1:00 Cards/Games</b> 2-3 Q&amp;A/Tech Help</p>	<p>26. 9:00 Jane Freeman 9:30-11:30 Crafts 10-12 Cards/Games 10:00 SilverSneakers <b>NO</b> Practice Tai Chi 11-12 Q&amp;A/Tech Help 12:00 Lunch <b>1:00 Line Dancing</b> 4:30 Zumba</p>	<p>27. 8:30-11:30 Paint Class 10-11 Q&amp;A/Tech Help 10-11 Blood Pressure 10-12 Cards/Games <b>10:30-12 Constituent Outreach</b> 12:00 Lunch <b>12:45 Bingo</b> 1:00 Hearing Appointments w/ Mike 2-3 Q&amp;A/Tech Help <b>7:00 Genealogy Workshop</b></p>	<p>28. 10-12 Cards/Games 10:00 SilverSneakers 12:00 Lunch <b>1:00 Cards/Games</b> 4:30 Zumba</p>	<p>29. 9:30-11:30 Crafts 10-12 Cards/Games 11:15-11:45 Gentle Stretching 12:00 Lunch <b>1:00 Cards/Games</b></p>

## Upcoming Programs & Events

<p><b>Cards/Games</b> June 1, 4, 7, 8, 11, 22, 25, 28, &amp; 29 1:00pm</p>	<p><b>Medicare 101</b> w/ Sally Monday, June 18 1:00pm</p>
<p><b>Make it &amp; Take it Craft</b> Tuesday, June 5 1:00pm</p>	<p><b>CCDH Lyme Disease Presentation</b> w/Lindsay Tuesday, June 19 1:00pm</p>
<p> Wednesdays, June 6, 13, &amp; 27 12:45pm</p>	<p><b>BIRTHDAY CELEBRATION</b> Our Birthday will be held on: <b>Wednesday, June 20</b> Our entertainment will be: <b>Bonworth Fashion Show</b> Sign up early. If you wish to give a Birthday card, please note it is <b>your responsibility to deliver</b> them. <b>Do not leave any cards at the Center, we cannot distribute.</b></p>
<p><b>LINE DANCING - Evening</b> w/ Shirley Mackey Friday, June 8 &amp; 22 6:30-8:30pm, \$5 per person</p>	<p><b>America's Support Coordination &amp; Management</b> w/Bruce Tuesday, June 21 1:00pm</p>
<p><b>Luau Lunch</b> Friday, June 8 12:00pm</p>	
<p><b>Glass Etching Workshop</b> Monday, June 11 6:00pm-8:00pm</p>	
<p><b>LINE DANCING - Daytime</b> w/ Shirley Mackey Tuesday, June 12 &amp; 26 1:00-2:30pm (Auditorium)</p>	<p><b>Fine Jewelry, Watch, Clock Repair, &amp; Appraisal Clinic</b> Friday, June 22 7:00pm</p>
<p><b>Patriotic DIY Workshop</b> Wednesday, June 13 7:00pm-9:00pm</p>	<p><b>Genealogy Workshop</b> Wednesday, June 27 7:00pm</p>
<p><b>Bayada Cataract's</b> w/Barbara Thursday, June 14 1:00pm</p>	<p><b>Independence Day Party</b> Tuesday, July 3 12:45pm Our entertainment will be: <b>Luken's German Band</b></p>
<p><b>Spaghetti Take-Out Dinner</b> Thursday, June 14 3:00pm-6:00pm</p>	<p><b>Spirit of Philadelphia Trip</b> Tuesday, July 10 9:00am-4:00pm</p>
<p><b>Ice Cream Floats</b> Friday, June 15 1:00pm</p>	<p><b>Blue Grass Under the Stars</b> Wednesday, July 11 7:00pm</p>



## JUNE BIRTHDAYS

1	Betty L. Hutson	22	Arthur J. Ryan
2	Guy Aldred	22	June Golly
3	John Orr Kinnaird	22	Barry L. Mason
3	George E. Reynolds	22	Clarence L. Webster
3	Roberta Jane Bailey	22	Mario G. Falconio
3	Elizabeth J. Frank	22	Rona K. Obert
4	Barbara J. Powers	23	Patsy L. To
4	Janet R. Tompkins	23	Yvonne B. Herr
4	Monroe E. Garthwaite	23	Dorothy Jane Plummer
4	Patricia A. Temple	23	Jean E. Hamblin
5	Louise S. Cooper	24	Bonnie S. Smith
5	Nancy Lee Savage	24	Nancy Bowden
5	William H. Williams	24	Patricia J. Dash
5	Mary E. Devito	24	Arvil Wayne Prewitt II
7	Walter S. Kebalo	24	June Macauley
7	Thelma J. Reeder	25	Dobson M. Grier
7	Jerry N. Arnold	25	Toni Short
8	Anna M. Murphy	26	Waldo Parker
8	Shirley P. Dowdy	26	John H. Rickards
8	Helen L. Vansant	26	Anne M. Baringer
8	Alma Reynolds	26	Fay D. Jamison
9	John R. Henderson	26	Peter S. Smolucha
9	Robert McNichol	26	Ruth Ann Kepler
10	Lillian E. Murphy	26	Audrey C. McKelvey
10	Patricia A. Cramton	26	Catherine S. Petry
10	Anna W. Stanton	26	Ralph D. Price
11	Neil D. Krivanek	27	Melanie E. Murray
11	Charles K. Given Jr.	27	Patricia I. Cordivano
12	Sheridan Taltoan	27	Beatrice V. Brantner
13	Gene F. Patrick	27	Marlene Hammond
13	Martha B. Levy	27	Sandra Henderson
13	Roberta Ann McManus	29	Lillian Ankney
14	Janet E. MacIntyre	29	Robert Rankin
14	Marie-Louise Meyers	29	Ediene Ringler
14	Norma Jane Delong	29	Frances K. Reyburn
15	Lewis M. Watson	30	Maryann T. Seefeldt
15	Elsie J. Ursino	30	Joseph W. Ross
15	Barbara H. Hamilton		
17	Murray V. Johnston Jr.		
18	Gail E. Macdonald		
18	Mildred G. Summers		
19	Marilyn R. Cummings		
19	June B. Conner		
19	James L. Rhoads		
20	Norma I. Alsina		
20	Sumie F. McCardell		
20	Virginia A. Huestis		
20	Constance Miller		

## CONSTITUENT OUTREACH

State Senator Andrew Dinniman's Constituent Outreach Representative Tyler Arkatin will be at our Senior Center to answer any question you may have regarding Commonwealth of PA programs and services they offer. In addition, he will have the 2017 Rent and Tax Rebate forms with him!

Tyler will be at our center on the **4th Wednesday of every month.**

**Wednesday, June 27  
from 10:30am to noon**



## ROVER OUTREACH

A Traveler's Best Friend™



**June 13, 2018  
10:30am-11:30am**

Jahayra Santiago will be here to answer your questions and help you to sign up with Rover.

## Neighborhood Health Senior HealthLink

w/ Linda Clay, MSN, RN

**Friday, July 6  
10:30am - 11:10am**

*Please join Senior HealthLinks "Health Club", attend a lecture and at the end of a program you have a chance to **win** a gift card from Walmart.*

## FINE JEWELRY, WATCH & CLOCK REPAIR & APPRAISAL CLINIC

**Friday, June 22, 2018  
9:00am - 2:30pm**

**PRESENTED BY I.G.C.  
"YOUR CONCIERGE JEWELER & PRECIOUS  
GEM & METALS BUYERS"**

Some Repairs Done While You Wait  
Free Jewelry Cleaning And Inspection

**Receive \$\$\$ Today For Any Unwanted Gemstones & Jewelry,  
Highest Prices Paid In The Five County Area**

Most repairs take approx. 7 to 10 business days to complete. We accept cash, personal check, Visa or MasterCard for payment. Prices will be quoted on most repairs day of the event. However, our expert jewelers or watchmakers may look at your items first, to determine what needs to be done to repair item properly.



# TRIPS

## Join us for a trip on the Spirit of Philadelphia Skyline Lunch/Bingo Cruise Tuesday, July 10, 2018

**Itinerary:** Motor Coach ride to and from center,  
Lunch, Cruise & Bingo

**Cost:** \$78

**Leave:** Promptly at 9:00 am from Luther House  
(be there at 8:45 am)  
Promptly at 9:30 am from Center  
(be here at 9:15 am)

**Return:** 4:00 pm (approx.) to Center

We need 40 people to go

*Reserve your seat*  
Call 610-932-5244



## Avon Grove Seniors Trip Summer Breeze Boat Cruise from Havre de Grace, MD

Along the destination you will be able to experience the true outdoors feeling of the Upper Bay. From wildlife to yachts and commercial vessels, there is always something to see. Bring a camera with you to capture this memorable experience.

## Wednesday, July 18, 2018

**Itinerary:** Motor Coach ride, enjoy lunch on your own at MacGregors, boat ride from 1:30pm-3:30pm

**Cost:** \$35.00

**Leave:** Promptly at 10:00 am from West Grove United Methodist Church (be there at 9:45 am)

**Return:** 5:00 pm (approx.) to Church

*Reserve your seat*  
Call Janet Gregg at 610-255-4477



## NEW YORK CITY *New York* "...Be a part of it - New York, New York!"

### 3 DAYS - 2 NIGHTS SEPTEMBER 19 - 21, 2018

**\$579.00 per person  
double occupancy**

**\$729.00 per person  
single occupancy**

**PACKAGE INCLUDES:**

- \* 2 Nights lodging
- \* 2 Breakfasts
- \* 2 Dinners in Manhattan
- \* Tour of Upper Manhattan
- \* Tour of Lower Manhattan
- \* Broadway Show
- \* Ferry Ride and visits to the Statue of Liberty & Ellis Island featuring a self-guided audio tour
- \* National 9/11 Memorial Museum
- \* Shopping along Fifth Avenue or at Rockefeller Center
- \* Souvenir gift
- \* Luggage handling
- \* Taxes and meal gratuities
- \* Motorcoach transportation

**FOR INFORMATION  
AND RESERVATIONS  
CONTACT:**

**Oxford Area Senior Center  
Maria Reyes  
12 E. Locust Street  
Oxford, PA 19363  
(610) 932-5244**

Cancellation insurance available upon request

### TRIP DAYS AND PARKING

Due to our limited parking, we ask that when you go on one of our trips, please park in the Nazarene Church parking lot. The church has graciously allowed us to park there. This will keep the limited street parking spaces open for folks visiting us during the day. Thank You.





## DAYTIME PROGRAM

**Oxford Area  
Senior Center**

# Line Dancing



Instructor Shirley Mackey has over 23 years of dance experience ranging from Lines Dances and Swing to Jitter Bug and Two-Step. She will teach an assortment of popular line dances such as the Electric Slide, Cha Cha, Tush Push, Boot Scootin' Boogie and more!

**Daytime Fun and Dance**

*Beginners and experienced dancers are welcome*

Join us on the following Tuesdays from 1:00pm to 2:30pm:

**June 12<sup>th</sup> & 26<sup>th</sup>, July 24<sup>th</sup>, August 7<sup>th</sup> & 21<sup>st</sup>**

**Cost is FREE**

Oxford Area Senior Center , 12 E. Locust Street, Oxford, PA  
610-932-5244 or [oxsrctr@zoominternet.net](mailto:oxsrctr@zoominternet.net)

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## EVENING WORKSHOPS

Oxford Area Senior Center

# Line Dancing Lesson



**Evenings of Fun and Dance**

Instructor Shirley Mackey has over 23 years of dance experience ranging from Lines Dances and Swing to Jitter Bug and Two-Step. She will teach an assortment of popular line dances such as the Electric Slide, Cha Cha, Tush Push, Boot Scootin' Boogie and more!!

*Beginners and experienced dancers are welcome*

Join us on the following Fridays from 6:30 to 8:30pm for a fun evening:

**June 8<sup>th</sup> & 22<sup>nd</sup>, July 13<sup>th</sup> & 27<sup>th</sup>, August 10<sup>th</sup> & 24<sup>th</sup>**

Cost is \$5 per class/per person

RSVP for your spot on the dance floor  
by contacting the Oxford Area Senior Center  
at 610-932-5244 or [oxsrctr@zoominternet.net](mailto:oxsrctr@zoominternet.net).

# EVENING WORKSHOPS

## OXFORD AREA SENIOR CENTER



### Glass Etching Workshop

with our partners *The Rustic Brush*  
We provide supplies and step-by-step instruction;  
all you need is your creative spirit!  
Choose any two of the designs shown,  
on wine or beer glasses.



Monday, June 11, 2018 from 6:00-8:00pm

Cost is \$20 per person

To Register Call 610-932-5244 or Email: [oxsrctr@zoominternet.net](mailto:oxsrctr@zoominternet.net)

### *Oxford Area Senior Center*



### **Patriotic DIY Craft Workshop**

**Wednesday, June 13, 2018**

**7:00pm - 9:00pm**



Join us for a Patriotic DIY craft class with our great partners from Pickled Pickles. We will make a floral arrangement to celebrate our great country! The arrangement can be used for Memorial Day, Flag Day or the 4th of July. Just think how charming this will be on your table for Summer holiday gatherings!

Materials fee is \$15 payable to the instructor.

**R.S.V.P.**

Call 610-932-5244 or

Email: [oxsrctr@zoominternet.net](mailto:oxsrctr@zoominternet.net)

12 East Locust Street, Oxford, PA 19363

## EVENING WORKSHOPS

O X F O R D   A R E A   S E N I O R   C E N T E R

### Genealogy Workshop

Genealogist Kristine Parkes  
is returning to present

### A Closer Look at Vital and Census Records



Vital records and census records are the backbone of genealogy research. This workshop will give participants an in-depth overview of these records and the valuable information that they provide genealogists.

After the presentation, Kristine will be available to assist with your genealogy questions.

**Oxford Area Senior Center**  
**12 E. Locust Street, Oxford, PA**  
**Wednesday, June 27, 2018 from 7-9 pm**

RSVP for this free program  
Call 610-932-5244 or Email: [oxsrctr@zoominternet.net](mailto:oxsrctr@zoominternet.net)

The Oxford Area Senior Center Presents...

## BLUEGRASS UNDER THE STARS

Free Concert Featuring Music by  
*The Blades of Grass Bluegrass Band*

Enjoy an evening of toe-tapping, knee-slapping bluegrass tunes performed by local favorite: the *Blades of Grass Bluegrass Band*. Bring your own lawn chair, blanket and refreshments (no alcoholic beverages). Music lovers of all ages are welcome!

**Wednesday, July 11, 2018**  
**7 p.m.**

Oxford Area Senior Center  
12 E. Locust Street, Oxford, PA  
The concert is FREE; Donations are greatly appreciated.

If it rains, the concert will be rescheduled.  
RSVP by calling 610-932-5244 or email: [oxsrctr@zoominternet.net](mailto:oxsrctr@zoominternet.net)



## FUNDRAISER

The Oxford Area Senior Center invites you to  
“Pasta for a Purpose”

Take-Out



Proceeds help fund  
programs, activities & services

Enjoy a delicious take-out spaghetti dinner  
in the comfort of your own home.

Dinner includes: Spaghetti w/Meatballs, Salad w/dressing,  
Fresh Baked Roll and a Homemade Dessert.

Date: Thursday, June 14, 2018  
Time: Dinners may be picked up between 3-6 p.m.  
Location: 12 E. Locust Street, Oxford, PA

Call or Email to reserve your dinner(s) By Tuesday, June 12, 2018  
610-932-5244 or [oxsrctr@zoominternet.net](mailto:oxsrctr@zoominternet.net)

### ATTENTION Volunteers & Bakers

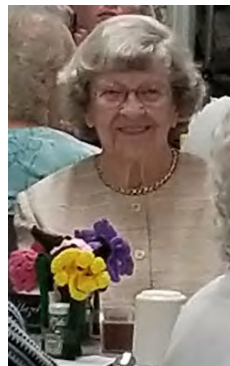
Spring Fundraisers are coming up. Cooks, waitresses, table setters, helpers to clean up and of course people to **make those great desserts**, are all needed to make our event a success. **Our Take-Out Spaghetti Dinner is Thursday, June 14th. Please mark your calendars!!** Sign up sheet for Fundraisers will be with the Hostess.



*Oxford Area Senior Center Wished a*  
**Happy 100th Birthday**  
*to*

*Hazel Shoemaker*

*Born May 1, 1918*



## Come Join Us...

**Participate and be more active!  
Come for the companionship  
and camaraderie.**

It is our purpose to offer activities and programs that are of utmost interest to our senior friends.

These include:

Health Care Issues, Daily Lunch, Nutrition and General Interest Topics, Daily Living Skills, Exercise Classes, Computer & Technology Help, Art and Crafts Programs, Day trips, Evening Workshops, and other various activities.

We provide a great many avenues for the seniors in our community to explore. So, come join us. We would enjoy having you.

### MEMBERSHIP AND DONATION

A Membership application is available at the Center's hostess desk. We encourage everyone to make your membership donation in the same month every year. The date that you last contributed is located on the front cover of your newsletter above your name and address.

When you renew, please update your information. Thank you for staying current as it helps us maintain the programs and services of the Center. If you need help in completing this form, please ask for assistance. We'll be glad to HELP.

## Board of Directors Annual Meeting Notice

The Annual Meeting of the Oxford Area Senior Center Board of Directors will be held on Tuesday, June 19, 2018 at 3PM in the lunchroom of the senior center.

The Nominating Committee will present a slate of nominees who will be elected to the Center Board of Directors, term expiring on June 30, 2021.

The Nominating Committee will also present a slate of officers including President, Vice President Recording Secretary, Treasurer and Corresponding Secretary to be elected to one-year terms on the Board of Directors expiring on June 30, 2019.

Leda Widdoes  
Recording Secretary



### Legal Services

#### Free Legal Advice

The Chester County Dept. of Aging Services is making an attorney available to senior residents of Chester County on the 2nd Wednesday of every month from 9:00 AM to 12:00 PM. This service is free to senior residents of Chester County. Appointments are required. For more information or to schedule an appointment, contact the Dept. of Aging at 610-344-6350. All appointments are at the Dept. of Aging in West Chester.

#### Legal Helplines

The Pennsylvania SeniorLAW Helpline is a toll-free, state wide hotline for legal information, advice, and referral service for Pennsylvania senior citizens (60 years and older). This is a free and confidential telephone service, staffed by attorneys  
Mon-Thu from 10:00am-2:00pm. Call 1-877-727-7529. You can also visit their website <http://seniorlawcenter.org/> for more information.

#### Legal Aid Advice & Referral Helpline

Legal Aid of Southeastern PA operates a toll-free telephone intake, brief advice and referral system. If eligible, you can receive immediate assistance with a legal question or concern. Call 877-429-5994, Mon-Thu, from 9:00am-1:00 pm.

## CRAFTER'S WELCOME



Tuesdays  
9:30am-11:30am



Come have fun craft-making with Thelma!!  
Each week will create a fun craft.  
Have ideas for a craft project, let Thelma know.



## We need your help!

**Looking for  
Monetary Donations  
to help us buy supplies for our  
Make It & Take It  
and Crafts Projects**

## Health and Wellness Programs

### Exercise Classes



Healthways' Silver Sneakers Fitness Program is a comprehensive older-adults physical activities program that addresses the needs of the 60 + year old population. Muscular Strength & Range of Movement is the core class of this exercise program. Come on Tuesdays and Thursdays from 10am - 10:45am and get yourself back in shape. Come and see how much better you'll feel after a 45 minute workout.. There is no cost for this program and Senior Center membership is not required for individuals 60 and older.

### Practice Tai Chi

*for fitness and health*



Improve health & well being  
Improve balance & strength  
Improve concentration  
Lower blood pressure  
Relieve stress & anxiety

Practice group meets **Tuesdays 11am-11:30am**  
Cost is only \$5.00 per session

Barbara McAdams  
ATCQA Certified Instructor

### Free

### Blood Pressure Checks

A volunteer nurse is at the Center on Wednesday mornings from 10am to 11am. Stop by, have your blood pressure checked, enjoy some coffee or tea and spend some time with us.



### NEED HELP BALANCING YOUR CHECKBOOK?

For those of you who need help balancing your checkbook or paying a few bills, Jane Freeman can help you. You must contact Jane directly at (610) 932-2619 to schedule your appointment. Leave a message if she's not home. This is a very helpful, free service that she is volunteering her time to do. All appointments are here at the Center.

**She will be at the Senior Center on:**

**Tuesday, June 19**  
**Tuesday, June 26**

### AUDIOLOGIST

Michael Piscotty, Audiologist: Superior Products, Exceptional Warranty, Outstanding Service.  
For appointment call: **610-932-5244**



**Wednesday, June 27**  
**appointments starting at 1pm**



### Ditch the Workout and Join the Party!

ZUMBA fitness classes every

**Tuesday** 4:30-5:15pm  
**Thursday** 4:30-5:15pm

**ADULTS OF ALL AGES WELCOME!!**

Just \$3 a class!  
Bring a friend or 2 or 3!!

Kim Malone, Certified Zumba Instructor  
For more information, call Kim @ 610-620-4676  
or Jim McLeod @ (610) 932-5244

### Gentle Stretching

Monday & Friday  
11:15 am - 11:45 am

### Discover the Benefits of Reflexology



Reflexology: A caring touch that reduces stress and enhances quality of life.

Elaine Pinno, certified Reflexologist will be at the Senior Center for half-hour Reflexology sessions. There is a cost for a Reflexology session. This method of relaxation reflexology is used for stress reduction and relaxation and pain relief.

**When:** June 13, 2018  
**From 9:00am to 12:00pm**  
**Where:** Oxford Area Senior Center  
**Cost:** \$20 for half-hour session  
**RSVP:** Space is limited...make an appointment today.  
Call 610-932-5244 or email: [oxsrctr@zoominternet.net](mailto:oxsrctr@zoominternet.net)

### Bread

Every Wednesday morning the Giant in Jennersville donate their two day-old bread and pastries to our Center. Pick up some bread while you're here between 10am-3pm. Pastries used as prizes at Bingo.



### Produce

Every Monday, Produce from Chester County Food Bank is available from **11am-3pm**. First come, first serve until gone. Items vary weekly and may be available through rest of the week.



# Technology & Computers

## with Colleen

### Oxford Area Senior Center Computer Q&A and Technology Help

#### Do you need help with your electronic device?

Are you confused about how to use that new electronic device? Please do not fret any longer. Questions can be regarding ANY computer related subject (Word, Email, Internet, etc.) or Technology Help with your Apple or Android mobile/cell phones and iPad/tablets. The goal is to provide hands-on and detailed instruction in a non-intimidating and patient environment.

**Bring your device in and learn to use it!**

<b>Q&amp;A's and Technology Help</b> <b>Just stop in during one of the times listed below</b> <b>\$5 per session</b> <b>June 2018 Schedule</b>			Oxford Area Senior Center 12 E. Locust Street, Oxford, PA 610-932-5244  www.oxfordseniors.org Click on Computers
<b>MONDAY</b>	<b>TUESDAY</b>	<b>WEDNESDAY</b>	Hours are: Monday - Friday, 8:30 am - 3:00 pm Colleen is in on Monday - Wednesday
4. 10:00am - 11:00am 2:00pm - 3:00pm	5. 11:00am - 12:00pm	6. 10:00am - 11:00am 2:00pm - 3:00pm	<b>QUESTIONS??</b> Colleen will be happy to answer your technology questions. Here is how to contact her: <ul style="list-style-type: none"> <li>• Come to one of the Q&amp;A/Tech Help sessions.</li> <li>• Call Colleen at 610-932-5244</li> <li>• Email Colleen at caowens@oxfordseniors.org</li> </ul>
11. 10:00am - 11:00am 2:00pm - 3:00pm	12. 11:00am - 12:00pm	13. 10:00am - 11:00am 2:00pm - 3:00pm	
18. 10:00am - 11:00am 2:00pm - 3:00pm	19. 11:00am - 12:00pm	20. No Sessions	
25. 10:00am - 11:00am 2:00pm - 3:00pm	26. 11:00am - 12:00pm	27. 10:00am - 11:00am 2:00pm - 3:00pm	<b>Prefer Private Lessons?</b> Private lessons are available for a fee, at the Center or your home. Please contact Colleen Owens at 610-932-5244 or by email at caowens@oxfordseniors.org

### Medicare 101

w/ Sally Arter

Monday, June 18

1:00PM

If you will be joining the ranks of Medicare soon, are already in the Medicare system and have questions, this session is for you. Members of the APPRISE program, Pennsylvania's volunteer statewide program of insurance consultation, will present an overview of Medicare including the definitions of Medicare A, B, C; exploration of the drug benefit (Part D), types of health care insurance available in Chester County, benefits available to low-income beneficiaries, and things to consider when selecting your medical coverage. A question and answer session will follow the presentations.

Reserve your space  
Call 610-932-5244  
or email oxsrctr@zoominternet.net

### Chester County Food Bank Chester County Senior Food Box Program (CCSFBP)

Is a Chester County Food Bank program that helps seniors gain access to nutritious foods so they can better improve their health.

If you or someone you know is at least 60 yrs. old and has low income, please register for the CCSFBP box that is available to qualifying seniors each month.

Each box may contain fruit, non-perishable proteins, vegetables, carbohydrates & dairy!!

Proof of age is required at sign up. There is no charge for this food. If you qualify then CCSFBP Box can be picked up the 1st Monday of every month between 1:00-3:00pm

For more information contact  
**Sally Arter**  
**(610) 932-5244**

**Board of Directors 2017/2018**

Ira Binder	President	Betsy Brantner
Kimberly Zuleba	Vice-President	Kevin Collins
William Ringler	Treasurer	Jane Freeman
Leda Widdoes	Secretary	Charles Hannum
Sylvia Reyburn	Corresponding Secretary	Edwin Herr
		George Lauer
Theresa Taylor	Participant's Council	John Masciantonio
Pennie Bellino	Non-Voting	Scott Massey
		Amy O'Donald
		Rev. Aaron Smalley
		Bonnie Smith

**STAFF**

Jim McLeod	Executive Director
Maria Reyes-Tanon	Program Coordinator
Laurie Nelson	Kitchen Supervisor
Colleen Owens	Information Technology Specialist
Sally Arter	Information & Assistance Specialist
Janet Rivera	Hostess
Amy O'Donald	Evening Workshop Coordinator
<b>INSTRUCTORS</b>	
Thelma Teel	Arts/Crafts
Albert Gans	Painting
Barbara McAdams	Exercise Instructor
Kim Malone	Zumba Instructor

**Participants' Council 2017/2018**

Chairperson: Theresa Taylor	Lorraine Broomell	Beverly Parsons
Vice Chairperson: Pennie Bellino	David Denny	Ralph Roten
Secretary: Laura McKinney	Millie Emerson	Evelyn Stumpo
	Ed French*	Lori Walton*
	Carmella Humble*	

\* Alternate—Non Voting Member



In accordance with Federal Law the Oxford Area Senior Center does not discriminate on the basis of race, religion, color, handicap, sex, physical condition, developmental disability, sexual orientation, or national origin.

**OXFORD AREA SENIOR CENTER**  
 12 East Locust  
 Oxford, PA 19363

610-932-5244 phone  
 610-932-8084 fax  
 www.oxfordseniors.org  
 oxsrctr@zoominternet.net

Bulk Rate  
 US Postage Paid  
 Non-profit Org.  
 Permit No. 9  
 Oxford, PA 19363

**RETURN SERVICE REQUESTED**

**HELP STOP WASTEFUL MAILINGS.  
 IS YOUR ADDRESS CORRECT?  
 CALL US WITH YOUR CORRECTIONS!**

The Oxford Area Senior Center is funded in part under a contract with the Chester County Department of Aging Services and PA Department of Aging. Funding is also provided by the United Way of Southern Chester County, Dansko Foundation, Oxford Area Foundation, 1675 Foundation, Chester County Fund for Women & Girls, Greater Philadelphia Cultural Alliance, Chester County Community Foundation, Luther Management Company of SCC, BNY-Mellon, Oxford Area Civic Association and surrounding municipalities. Funds are also raised by participant donations, craft and bake sales and given through memorials, wills and bequests. The Oxford Area Senior Center is a non-profit organization. All contributions are tax deductible.