



# Center Voice

12 East Locust Street, Oxford, PA 19363  
 610-932-5244  
[www.oxfordseniors.org](http://www.oxfordseniors.org)  
 email: [oxsrctr@zoominternet.net](mailto:oxsrctr@zoominternet.net)

April 2018



Center's Hours are:  
 Monday - Friday  
 8:30 am - 3:00 pm

## Director's Corner

I just heard someone say "*Play Ball*",  
 so I guess it's springtime.

More daylight, *Finally!! AND MAYBE LESS SNOW!!*

April is "Volunteer Appreciation" month. A gigantic THANK YOU to all of you who spend hours at the center helping with fundraisers, helping with programs and activities, spending time in the kitchen or lunchroom, serving on the Participants' Council & Board of Directors, and yes, making those delicious desserts. Every year over 100 volunteers provided more than 4,000 volunteer hours at our center. We couldn't exist without you!!!!!!

We are again this year having a Portrait Photography Fundraiser on April 21st and 22nd. Call and make a reservation for a family portrait, picture of the grand kids, or one of yourself. See page 11 for complete details!!

There are a lot of day-time and evening activities scheduled along with some fun trips that are coming up soon so look over this entire newsletter and see what interests you!!

Come and see us!!!!!!

Jim

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### AARP DRIVING CLASS INSTRUCTOR, FRANK CORNELL

Friday, April 27, 2018

TIME: 9 AM TO 2 PM

**COST: AARP Members \$15**

**Non members \$ 20**

This is a refresher course,. You need to have previously completed the full two-day class to qualify for this class.  
**Class is limited - 30. Call: 610-932-5244**, Lunch is available, please check out page 4 for menu and costs.

Must sign up in advance for the class and lunch (by Tuesday, April 17th for lunch).



We would like to give a special

### THANK YOU

to the AARP Tax Volunteers who have spent nine Fridays & one Thursday at our center preparing income tax returns:

Ed Pawling  
 Jim D'Andrade  
 Joyce Ford  
 Russell Hatton



**A BIG THANKS to each one!!**

**MISSION STATEMENT:** The mission of the Oxford Area Senior Center is to enhance the quality of life of senior citizens in Southern Chester County by providing programs and services that promote health, wellness, and fellowship.

**THANKS TO LAST MONTH'S.....**

**VOLUNTEERS**

Kathie Roy  
Janet Wagner  
Mary Baringer  
Patsy To  
AARP Tax Volunteers:  
Ed Pawling  
Jim D' Andrade  
Joyce Ford  
Russell Hatton

ALL of our FABULOUS lunchtime Volunteers

**IN KIND GIFTS**

Giant Food Store, Jennersville  
Philips Florist  
Barbara Bond Moury  
Matthew Dunn

**DONORS**

Lions Club of Oxford  
Virginia Lorah  
Mary Baily  
Iris Dowling  
Irene Tingley  
Bill & Helen Preston  
Marilyn & Gene Garthwaite  
Jeanne Reynolds  
Mary Reynolds  
Dick & Connie Winchester


**Thank You!!**

MAY		
DATE	TIME	EVENTS
8	1:00-2:30pm	Daytime - Line Dancing
11	7:00-10:00am	Spring Breakfast
11	6:30-8:30pm	Evening - Line Dancing
16	9am-3pm	Birthday Party
22	1:00-2:30pm	Daytime - Line Dancing
23	7:00pm	Medicare 101
25	6:30-8:30pm	Evening - Line Dancing
31	10:00-4:00	Dutch Apple Dinner Theatre Trip
JUNE		
14	3:00-6:00pm	Take-Out Spaghetti Dinner
18	7:00pm	Medicare 101
20	9am-3pm	Birthday Party

**IN MEMORY**

We wish to offer our condolences  
to the family and acquaintances of  
our dear friends:


**Jean Huggins  
Phyllis Weaver**



**Endowment Fund Donation**  
We wish to thank the following for their donations:

Mildred Emerson

**In Memory of  
Ralph Emerson**




Sylvia Reyburn

**In Memory of  
Betty Slauch**

**OUR BEST WISHES  
&  
THOUGHTS GO TO:**

Family of Jean Huggins  
Family of Phyllis Weaver  
Mary Cartledge  
Mary DeVito  
Kathy Goss  
Russ Huggins  
Theresa Taylor





**NEW MEMBERS**

Loretta Boindi  
Theresa Cappelli  
Betty Kramer  
John Mobray  
Phyllis Ritchie



# INFORMATION & REFERRAL



Spring, is it here yet? They say April Showers bring May flowers. Anything that brings flowers looks good to me today—FDS, Flowers.com, *anything* or *anyone*!!

Hopefully the bad weather is behind us and you have one less excuse to stay home. Casino trips are starting up again and you'll do well to spend a day away. We all could use a day like that now and then. Dinner/Theater trips are fun also—you don't have to cook and you get a good laugh. Determine to keep active and alert.

Know anyone turning 65 or ready to stop working? Be sure to let them know about our Medicare 101 session here at the Center on Monday evening, April 23rd, at 7:00 o'clock. Bring a friend—registration encouraged but not necessary!!

Be aware of a telephone scam in which crooks alter caller ID to make it seem as if the call is coming from the HHS (US Dept of Health & Human Services) OIG (Office of Inspector General) Hotline 1-800-HHS-TIPS (1-800-447-8477). They are trying to get beneficiaries and members of the public to verify or share personal info which is used to victimize them via financial and other crimes – draining their bank accounts. OIG wants the public to know that HHS OIG will not use the HHS OIG Hotline telephone number to make outgoing calls and **individuals should not answer calls from 1-800-HHS-TIPS (1-800-447-8477)**.

<https://oig.hhs.gov/fraud/consumer-alerts/alerts/phone-scam.asp>

Medicare has recently removed the "Improvement Standard" in determining coverage for maintenance claims requiring skilled care. If you have been denied coverage for a rehab stay between Jan.18, 2011 and Jan. 23, 2014 you may request a re-review of that claim. Forms are available at [www.cms.gov](http://www.cms.gov). Stop by if you have any questions.

April 17th is coming soon. If you haven't made arrangements to file your tax returns you need to, soon!! As always, if you have any questions, stop by and I'll be glad to help you.

It is also time to get your Rent/Tax Rebate form completed. Checks are not mailed until July but the filing time is now. See me for a list of documents for qualifying. If someone filed your form on a computer last year, they won't mail you the booklet this year—saving tax dollars! Renters will need to get a Rent Certificate for their landlord to complete before going to their tax preparer. I have them available if you need one. If you are a home owner, you may qualify for the tax rebate as qualifying income amounts are \$35,000. Renter qualifying income is \$15,000 or less. Take advantage of these benefits to enhance your senior years.

Have a great April, watch those puddles!!

*Sally*

## WHAT IS INFORMATION & ASSISTANCE?

From time to time we all know we need information but have no idea how to find answers.

## WHO IS SALLY ARTER?

Sally is the Center's very own Information & Assistance Specialist. Her responsibilities include helping you find the answers to your questions.

## REFER WEB

The Chester County Department of Human Services is pleased to introduce Refer Web, an Information and Referral web-based application. Simply visit their website at [www.chesco.org/human](http://www.chesco.org/human). Once on the site, locate the Refer Web icon, click on it and start searching.

## APRIL 2018 MENU

Call 610-932-5244 - Business Hours: 8:30 am - 3:00 pm

Call to sign up for lunch by 3pm Tuesday for the ENTIRE following week.

MENU IS SUBJECT TO CHANGE WITHOUT NOTICE - Meal served at 12:00 pm				
MON	TUE	WED	THU	FRI
2. Grilled Chicken Cordon Bleu Sandwich Parmesan Potatoes Tomato & Cucumber Salad Orange Dream Cake	3. Chicken Cobb Salad Mixed Greens w/ diced chicken, cucumber, cheddar, egg, bacon bits & Ranch Dressing Vegetable Noodle Soup Wheat Bread Pineapple Tidbits	4. Pasta & Meatballs Italian Green Beans Italian Bread Sliced Peaches	5. BBQ Pulled Pork Sandwich Summer Corn Chowder Fresh Seasonal Fruit	6. Baked Haddock Confetti Rice Broccoli & Cauliflower Blend Wheat Bread Cinnamon Applesauce
9. Chicken Marsala Buttered Bowties Sliced Carrots Wheat Bread Sliced Pears	10. Egg Omelet Sausage Patty English Muffin w/Jelly Orange Juice Fresh Banana	11. Roasted Pork Loin Stuffing Whipped Potatoes Green Beans Cookie	12. Antipasto Salad w/Dressing Wedding Soup Breadstick Sunset Peaches	13. Potato Crusted Pollock Cheesy Twists Stewed Tomatoes Wheat Bread Fresh Seasonal Fruit
16. Pineapple Glazed Chicken Whipped Sweet Potatoes Creamy Coleslaw Wheat Bread Chocolate Pudding	17. Chicken Caesar Salad w/Caesar Dressing Minestrone Soup Breadstick Sliced Peaches	18. <b>Birthday &amp; Volunteer Appreciation Party</b> Beef Stroganoff Buttered Bowties Mixed Vegetables Wheat Bread Birthday Cake	19. Turkey, Bacon, & Cheese Jr. Club Sandwich Cream of Broccoli Soup Applesauce	20. <b>Soup &amp; Sandwich</b> Vegetable Beef Soup Chicken Corn Soup Chicken Salad Sandwich Tuna Salad Sandwich Ham Salad Sandwich Hot Dogs Homemade Desserts Coffee, Tea, Sodas
23. Pork Carnita Taco Sweet & sour slaw Rice w/Chives Fresh Seasonal Fruit	24. Meatloaf w/Gravy Whipped Potatoes Green Beans White Bread Banana Pudding	25. Sweet & Sour Meatballs Egg Noodles Hawaiian Coleslaw Dinner Roll Sliced Pears	26. Chicken, Spinach & Cranberry Salad w/Balsamic Dressing Pickled Diced Beets Breadstick Cookie	27. Steak Sandwich w/onions, peppers, Ranch Seasoned Potatoes Fresh Seasonal Fruit
30. Salisbury Steak Whipped Potatoes Sweet Peas White Bread Brownie				<b>SENIORS</b> 60 & ABOVE A voluntary confidential requested \$2.00 donation <b>INDIVIDUALS</b> UNDER 60 \$4.89

ALL MEALS SERVED WITH MILK, COFFEE OR TEA (HOT OR COLD)


Senior Center membership is not required for those 60 and older to participate in the lunch program. Chester County residents 60 and older are invited to attend their local Senior Center to enjoy a noon time meal. There is no cost for the meal but you must reserve your meal by 3pm Tuesday for the ENTIRE following week of meal service. A voluntary confidential contribution of \$2.00 is appreciated toward the cost of the meal but is not required. *The official registration and financial information of Chester County Department of Aging Services may be obtained from the Pennsylvania Department of State by calling toll free, within Pennsylvania, 1 (800) 732-0999. Registration does not imply endorsement.*

**Rover Transportation Available**

## APRIL 2018 ACTIVITIES

MON	TUE	WED	THU	FRI
<p>2. 10:00 Q&amp;A/Tech Help 10-11 Cards/Games 10:30 Participants Council Meeting 11:15-11:45 Gentle Stretching 12:00 Lunch <b>1:00 Cards/Games</b> 1-3 Food Box Pickup 2:00 Q&amp;A/Tech Help</p>	<p>3. 10:00 SilverSneakers 10-12 Cards/Games 11-12 Q&amp;A/Tech Help <b>NO</b> Practice Tai Chi 12:00 Lunch <b>1:00 Cards/Games</b> 4:30 Zumba Class</p>	<p>4. 8:30-11:30 Paint Class 10:00 Q&amp;A/Tech Help 10-11 Blood Pressure 10-12 Cards/Games 12:00 Lunch <b>12:45 Bingo</b> 2:00 Q&amp;A/Tech Help</p>	<p>5. 10:00 SilverSneakers 10-12 Cards/Games 12:00 Lunch <b>1:00 Treat</b> 4:30 Zumba Class</p>	<p>6. 9-2 AARP Tax Appts 10-12 Cards/Games 11:15-11:45 Gentle Stretching <b>1:00 Cards/Games</b></p>
<p>9. 10:00 Q&amp;A/Tech Help 10-12 Cards/Games 11:15-11:45 Gentle Stretching 12:00 Lunch <b>1:00 Cylo from the Barnstormers</b> 2:00 Q&amp;A/Tech Help</p>	<p>10. 10:00 SilverSneakers 10-12 Cards/Games 11-12 Q&amp;A/Tech Help <b>NO</b> Practice Tai Chi 12:00 Lunch <b>1:00 Line Dancing (A)</b> <b>1:00 Make It &amp; Take It (D)</b> 4:30 Zumba Class</p>	<p>11. 8:30-11:30 Paint Class 10:00 Q&amp;A/Tech Help 10-11 Blood Pressure 10-12 Cards/Games 12:00 Lunch <b>12:45 Bingo</b> 2:00 Q&amp;A/Tech Help <b>7:00 All-Occasion Greeting Card Stamping</b></p>	<p>12. <b>8:30-3:30 Casino Trip</b> 10:00 SilverSneakers 10-12 Cards/Games 12:00 Lunch <b>1:00 Cards/Games</b> 4:30 Zumba Class</p>	<p>13. 9-2 AARP Tax Appts 10-12 Cards/Games 11:15-11:45 Gentle Stretching <b>1:00 Cards/Games</b> <b>6:30 Line Dancing</b></p>
<p>16. 10-12 Cards/Games 11:15-11:45 Gentle Stretching 12:00 Lunch <b>1:00 Cross World Puzzle Day! (A Little Early)</b></p>	<p>17. 9:00 Jane Freeman 10:00 SilverSneakers 10-12 Cards/Games <b>NO</b> Practice Tai Chi 12:00 Lunch <b>1:00 Line Dancing</b> 3:00 Board Meeting 4:30 Zumba Class</p>	<p>18. <b>Birthday &amp; Volunteer Appreciation Party</b> 8:30-11:30 Paint Class 10-11 Blood Pressure 10-12 Cards/Games 12:00 Lunch <b>12:45 Naomi American Classics</b> <b>7:00 Patriotic DIY Craft</b></p>	<p>19. 10:00 SilverSneakers 10-12 Cards/Games 12:00 Lunch <b>1:00 Cards/Games</b> 4:30 Zumba Class</p>	<p>20. 10-12 Cards/Games <b>10:30am-1pm Soup &amp; Sandwich (this is the lunch available today)</b> 11:15-11:45 Gentle Stretching <b>NO Bingo</b> <b>*Portrait Photography Fundraiser - Sat &amp; Sun</b></p>
<p>23. 10-12 Cards/Games 10:00 Q&amp;A/Tech Help 11:15-11:45 Gentle Stretching 12:00 Lunch <b>1:00 Cards/Games</b> 2:00 Q&amp;A/Tech Help <b>7:00 Medicare 101 w/ Sally</b></p>	<p>24. 9:00 Jane Freeman 10:00 SilverSneakers 10-12 Cards/Games 11-12 Q&amp;A/Tech Help <b>NO</b> Practice Tai Chi 12:00 Lunch <b>1:00 Arter Family Mission Presentation</b> (see ad) 4:30 Zumba Class</p>	<p>25. 8:30-11:30 Paint Class 9-12 Reflexology 10:00 Q&amp;A/Tech Help 10-11 Blood Pressure 10-12 Cards/Games <b>10:30-12 Constituent Outreach</b> 12:00 Lunch <b>12:45 Bingo</b> 1:00 Audiologist by appt. 2:00 Q&amp;A/Tech Help <b>7:00 Pallet Painting</b></p>	<p>26. 10-12 Cards/Games 10:00 SilverSneakers 12:00 Lunch <b>1:00 Bayada Thyroid w/ Sarah</b> 4:30 Zumba Class</p>	<p>27. 9-2 AARP Driving Class <b>9-11 Photo Selection - see Portrait Photography Fundraiser Ad</b> 10-12 Cards/Games (A or F) 11:15-11:45 Gentle Stretching 12:00 Lunch <b>1:00 Cards/Games (A or F)</b> <b>6:30 Line Dancing</b></p>
<p>30. 10-12 Cards/Games 10:00 Q&amp;A/Tech Help 11:15-11:45 Gentle Stretching 12:00 Lunch <b>1:00 Cards/Games</b> 2:00 Q&amp;A/Tech Help</p>			<p style="text-align: center;"><b>A = Auditorium</b> <b>D = Dining Room</b> <b>F = Fireplace Room</b></p>	<p><b>Portrait Photography Fundraiser</b> by appt. only (see ad) <b>Saturday April 21</b> <b>9am-12pm</b> <b>Sunday, April 22</b> <b>12pm-2pm</b> <b>Photo Selection</b> <b>Friday, April 27</b> <b>9am-11am</b></p>

## Upcoming Programs & Events

<p><b>Cards/Games</b> April 2, 3, 6, 12, 13, 19, 23, 27, &amp; 30 1:00pm</p>	<p><b>BIRTHDAY CELEBRATION</b> Our Birthday will be held: <b>Wednesday, April 18</b> Our entertainment will be: <b>Naomi American Classics</b> Sign up early. If you wish to give a Birthday card, please note it is <b>your responsibility to deliver</b> them. <b>Do not leave any cards at the Center, we cannot distribute.</b></p>
<p> Wednesdays April 4, 11, &amp; 25 &amp; *NO Bingo Friday, April 20</p>	<p><b>Patriotic DIY Craft Workshop</b> Wednesday, April 18 7:00pm</p>
<p><b>Treat</b> Thursday, April 5 1:00pm</p>	<p><b>Soup &amp; Sandwich Fundraiser</b> Friday, April 20 10:30am-1:00pm</p>
<p><b>AARP Tax Appointments</b> By appointment only Friday, April 6 &amp; 13 9:00am-2:00pm</p>	<p><b>Portrait Photography Fundraiser</b> Saturday, April 21 - 9am-12pm Sunday, April 22 - 12pm-2pm Photo Selection: Friday, April 27 - 9am-11am</p>
<p><b>Cylo from the Barnstormers</b> Monday, April 9 1:00pm</p>	<p><b>Medicare 101</b> w/ Sally Monday, April 23 7:00pm</p>
<p><b>LINE DANCING - Daytime</b> w/ Shirley Mackey Tuesday, April 10 &amp; 17 1:00-2:30pm (Auditorium)</p>	<p><b>Arter Family Mission Presentation</b> Tuesday, April 24 1:00pm</p>
<p><b>Make It &amp; Take It</b> w/ Amy Tuesday, April 10 1:00pm (Dining Room)</p>	<p><b>Pallet Painting Workshop</b> Wednesday, April 25 7:00pm</p>
<p><b>All Occasion Card Stamping</b> Wednesday, April 11 7:00pm</p>	<p><b>Bayada Thyroid</b> w/ Sarah Thursday, April 26 1:00pm</p>
<p><b>Casino Trip</b> Thursday, April 12 8:30am-3:30pm</p>	<p><b>AARP Driving Class</b> Instructor, Frank Cornell Friday, April 27 9:00am-2:00pm</p>
<p><b>LINE DANCING - Evening</b> w/ Shirley Mackey Friday, April 13 &amp; 27 6:30-8:30pm, \$5 per person</p>	<p><b>Rover Outreach</b> May 2, 2018 10:30am-11:30am</p>
<p><b>World Cross Puzzle Day!</b> (A Little Early) Monday, April 16 1:00pm</p>	



## APRIL BIRTHDAYS

1	Myles K. Standish	16	Donald L. Poe
1	Peter T. Duggan	17	Robert W. McMahon
1	Betty J. Kramer	17	Connie C. Lewis
1	Patricia Ramirez	17	Lillie M. Williams
2	Patricia A. Muccigrosso	18	Rebecca P. Reiber
2	Steven Lee Blansfield	18	Lester Miller
3	Delia Ricardo	18	Faye Reinhart
3	Janet L. Townsend	19	Patricia H. Gallagher
3	Doris M. Denno	20	Wayne L. Schwabeland
3	Phyllis M. Smith	20	James Willis Forbes
3	Cindy L. Spencer	20	Amy V. Harris
4	Wanda K. Cassel	20	Karen M. Frank
4	Michael A. Poliski	20	Roger G. Cline
4	Anne E. McMahon	20	Mary Urusky
4	Helen A. Brown	21	Helen Celsi
5	Patricia A. Brittingham	22	William R. Walsh
6	Arlene H. Bakken	22	Dorothy Troop
6	Connie Mae Hunter	22	Bernice V. Mundell
7	Emilia Bellino	22	Ruthann R. Miller
7	Barbara Leis	22	Reginald P. Smith
8	Patsy Fisher	22	Mona Kadow
8	Mary Davies	22	Shirley M. Barker
9	Deborah Ann Holbrook	23	Victoria Nevrincean
10	Mary C. Scott	23	Phyllis D. Palazzi
10	Gabriel D Planamento	23	Myrtle Mae Pierce
10	Kathleen K. Cole	23	Robert S. Koenig
11	Karen McGarvey	24	Shelba B. Jackson
11	Lowell E. Hersh	24	Linda Hamby
11	Rosa C. Blackwell	25	Margaret R. Jennings
11	Richard A. Dolack Jr.	25	Dorothy Daddario
11	Michael G. Saylor	25	Hazel Gray Duncan
11	June M. McMichael	26	Mary Alice Hoffman
12	Eugene F. Dryden	26	Leda P. Widdoes
13	Martha M. Ritter	27	Nancy C. Jackle
13	Nathan P. Morgan	27	Joyce H. Thompson
13	Donna L. Purcell	27	John N. Masciantonio
13	Marlene Knowles	27	Shirley C. Hess
13	Clara Prothro	27	Rose Foley
14	Juanita M. Yerkes	27	Steven O. Bailey
14	Marie T. Ortner	28	Barbara F. Simperts
14	Helena R. Icenhour	28	Reeda M. Roper
14	Audrey E. Perkins	28	Arthur Bielby
14	Alice H. Frank	29	Eva Mae Gallagher
15	Joe Fisher	29	Robert N. Ross
15	C. Perry Reynolds	29	Mary J. Bills
16	Sidney Hutton	29	Edna S. Farmer
16	Marian Q. Choppy	29	Albert Gans
16	Darlene Anna Wachter	30	Jeanne E. Reynolds

## CONSTITUENT OUTREACH

State Senator Andrew Dinniman's Constituent Outreach Representative Tyler Arkatin will be at our Senior Center to answer any question you may have regarding Commonwealth of PA programs and services they offer. In addition, he will have the 2017 Rent and Tax Rebate forms with him!

Tyler will be at our center on the **4th Wednesday of every month.**

**Wednesday, April 25  
from 10:30am to noon**



## ROVER OUTREACH

A Traveler's Best Friend™



**May 2, 2018  
10:30am-11:30am**

Jahayra Santiago will be here to answer your questions and help you to sign up with Rover.

## Neighborhood Health Senior HealthLink

w/ Linda Clay, MSN, RN

**Friday, May 4  
10:30am - 11:10am**

*Please join Senior HealthLinks "Health Club", attend a lecture and at the end of a program you have a chance to **win** a gift card from Walmart.*

## SNOW CLOSING

In an effort to simplify the notification procedure for the closing of the Senior Center on bad weather days, please be advised that if the Oxford Area School District is closed or on any delay, the Senior Center will be closed. Please check the television or radio stations to see if the school district is on a delay or is closed.



## CRAFTER'S WELCOME

Tuesdays & Thursdays  
9:30am-11:30am

Come have fun craft-making with Thelma!!



# TRIPS

Join us for a trip to the



to the Delaware Park Casino



**Thursday, April 12, 2018**

**Itinerary:** Motor Coach ride to and from center and \$30 Free Play.  
**Cost:** \$30 (includes driver tip)  
**Leave:** Promptly at 8:30 am from **Luther House** (be there at 8:15 am)  
Promptly at 9:00 am from **Center** (be here at 8:45 am)  
**Return:** 3:30 pm (approx.) to center  
*We need 40 people to go  
Reserve your seat – Call 610-932-5244*

Join us for a trip



to see the popular show



**Thursday, May 31, 2018**

**Itinerary:** Motor Coach ride to and from center, enjoy lunch, and the show.  
**Cost:** \$74.00 (includes driver tip)  
**Leave:** Promptly at 10:00 am from **Luther House** (be there at 9:45 am)  
Promptly at 10:30 am from **Center** (be here at 10:15 am)  
**Return:** 4:00 pm (approx.) to center  
*We need 40 people to go  
Reserve your seat – Call 610-932-5244*

We are currently planning upcoming trips for 2018.

Any trip suggestions?  
Let Maria know where you would like to go this year.  
Thanks for supporting us this past year.

610-932-5244  
oxsrctr@zoominternet.net  
mreyes@oxfordseniors.org



**Come Join Us...**

**Participate and be more active!  
Come for the fun and friendship.**

It is our purpose to offer activities and programs that are of utmost interest to our senior friends.

These include:

Health Care Issues, Daily Lunch, Nutrition and General Interest Topics, Daily Living Skills, Exercise Classes, Computer & Technology Help, Art and Crafts Programs, Day trips, Evening Workshops, and other various activities.

We provide a great many avenues for the seniors in our community to explore. So, come join us. We would enjoy having you.

## TRIP DAYS AND PARKING

Due to our limited parking, we ask that when you go on one of our trips, please park in the Nazarene Church parking lot. The church has graciously allowed us to park there. This will keep the limited street parking spaces open for folks visiting us during the day. Thank You.





## DAYTIME PROGRAM

### Oxford Area Senior Center

# Line Dancing



Instructor Shirley Mackey has over 23 years of dance experience ranging from Lines Dances and Swing to Jitter Bug and Two-Step. She will teach an assortment of popular line dances such as the Electric Slide, Cha Cha, Tush Push, Boot Scootin' Boogie and more!

### Daytime Fun and Dance

*Beginners and experienced dancers are welcome*

Join us on the following Tuesdays from 1:00pm to 2:30pm:

**April 10<sup>th</sup> and 17<sup>th</sup>, May 8<sup>th</sup> and 22<sup>nd</sup>**

**Cost is FREE**

Oxford Area Senior Center , 12 E. Locust Street, Oxford, PA  
610-932-5244 or [oxsrctr@zoominternet.net](mailto:oxsrctr@zoominternet.net)

## EVENING WORKSHOPS

Oxford Area Senior Center

# Line Dancing Lesson



### Evenings of Fun and Dance

Instructor Shirley Mackey has over 23 years of dance experience ranging from Lines Dances and Swing to Jitter Bug and Two-Step. She will teach an assortment of popular line dances such as the Electric Slide, Cha Cha, Tush Push, Boot Scootin' Boogie and more!!

*Beginners and experienced dancers are welcome*

Join us on the following Fridays from 6:30 to 8:30pm for a fun evening:

**April 13<sup>th</sup> and April 27<sup>th</sup>, May 11<sup>th</sup> and May 25<sup>th</sup>**

Cost is \$5 per class/per person

RSVP for your spot on the dance floor

by contacting the Oxford Area Senior Center  
at 610-932-5244 or [oxsrctr@zoominternet.net](mailto:oxsrctr@zoominternet.net).

## EVENING WORKSHOPS

O X F O R D   A R E A   S E N I O R   C E N T E R

*Invites You To Attend*



### All-Occasion Greeting Card Stamping



Join us for a fun and relaxing evening with Clarissa Sharrow making All-Occasion Greeting Cards.

Rubber stamping is a great way to make personal handmade cards. Clarissa will teach techniques that can be used to design unique cards. Create your very own greeting cards using special equipment and supplies.

You will be thrilled with the final outcome and always have a greeting card handy for a special event.

Materials fee is \$10 for four cards and envelopes.

Please join us for a fun evening on Wednesday, April 11, 2018 @ 7 p.m.  
Cost per participant: \$10.00 (Cash Only)

Class size is limited to 10

Oxford Senior Center, 12 E. Locust Street, Oxford, PA  
Call 610-932-5244 or Email: [oxsrctr@zoominternet.net](mailto:oxsrctr@zoominternet.net)

### *Oxford Area Senior Center*



**Patriotic DIY Craft Workshop**  
**April 18, 2018**  
**7:00pm - 9:00pm**



Join us for a Patriotic DIY craft class with our great partners from Pickled Pickles. We will make a floral arrangement to celebrate our great country! The arrangement can be used for Memorial Day, Flag Day or the 4th of July. Just think how charming this will be on your table for Summer holiday gatherings!

Materials fee is \$25 payable to the instructor.

**R.S.V.P.**

Call 610-932-5244 or

Email: [oxsrctr@zoominternet.net](mailto:oxsrctr@zoominternet.net)

12 East Locust Street, Oxford, PA 19363

## EVENING WORKSHOPS

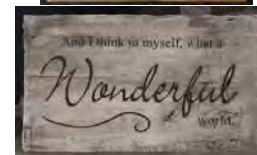
### OXFORD AREA SENIOR CENTER



Create your own Masterpiece! We'll provide supplies and step-by-step instruction. All you need is your creative spirit! You'll have a blast distressing, sanding, staining, and painting. \$50 per person.



Choose one of these 16.5"x20" designs.  
You pick your stain/paint colors!



Class size is limited to 30

Oxford Area Senior Center, 12 E. Locust Street, Oxford, PA  
Register at Facebook - *The Rustic Brush*  
or search Eventbrite ([www.eventbrite.com](http://www.eventbrite.com))  
for *Pallet Painting* at Oxford Area Senior Center.

### Oxford Area Senior Center Fundraiser

**PORTRAIT PHOTOGRAPHY** with Brittany Reisler Photography  
(couples, 4 generation, pets, grandparents with grandchildren)

Saturday, April 21, 9am – 12pm

Sunday, April 22, 12pm – 2pm

Photo Selection Friday, April 27, 9am - 11am

#### PRINT PACKAGES:

**PACKAGE 1:** \$30 (1) 8X10, (1) 5X7, **PACKAGE 2:** \$45 (2) 8X10, (2) 5X7,

**PACKAGE 3:** \$60 (3) 8X10, (4) 5X7, (1) Sheet of wallets

A LA CARTE OPTIONS AVAILABLE TO ADD ONTO ANY PACKAGE

FUN OR FORMAL, CREATIVITY WELCOMED!

GREAT FOR EASTER OR MOTHER'S DAY GIFTS

NO SITTING FEE, CREDIT CARDS ACCEPTED

Sign up for your 15-minute Sessions by calling

610-932-5244 or visiting the Oxford Senior Center

12 East Locust St, Oxford, For more information 814-558-7063

<http://www.brittanyreislerphotography.com>

## FUNDRAISERS

### Oxford Area Senior Center **Soup and Sandwich Day** *Friday, April 20, 2018*

*10:30AM to 1:00PM*

*Homemade Vegetable Beef Soup  
Homemade Chicken Corn Soup  
Chicken Salad Sandwich  
Tuna Salad Sandwich  
Ham Salad Sandwich  
Hot Dogs  
Homemade Desserts  
Coffee, Tea, Sodas*

**\$2.50 or Below**

**Eat In or Take Out**



*Treat your friends  
to a great,  
inexpensive lunch*



### Oxford Area Senior Center *Spring Breakfast* **Friday May 11, 2018**



**7AM to 10AM**



Scrambled Eggs  
Pancakes  
Sausage  
Bacon  
Chipped Beef  
Toast  
Juice  
Coffee & Tea

No Reservations needed

### **ATTENTION** **Volunteers & Bakers**

Spring Fundraisers are coming up.

**Our Soup & Sandwich sale is on Friday, April 20th.** Cooks, sandwich makers, waitresses, table setters, helpers to clean up and of course people to **make those great desserts**, are all needed to make our event a success.

**Our Spring Breakfast is Friday, May 11th.**

**Our Take-Out Spaghetti Dinner is Thursday, June 14th.**

**Please mark your calendars!!**

Sign up sheet for Fundraisers will be with the Hostess.



### Oxford Area Senior Center **TAKE-OUT** **SPAGHETTI DINNER**



**Thursday, June 14, 2018**

**Pick up between 3PM and 6PM**

**Dinner includes:**  
*Spaghetti w/ meatballs,  
Salad w/dressing,  
Fresh baked Roll  
Homemade Dessert*

**Call the Center to reserve your dinner  
(610) 932-5244**

## Arter Family Mission Presentation

Tuesday, April 24, 2018  
1:00pm

Join us to learn more about the English as a Second Language (ESL) Learning Center and Girl's Safe House in Thailand. The Arter ladies will perform a traditional Thai dance. Beautiful Handmade Thai items available to purchase, proceeds benefit the Thailand Girl's Safe House.



### Legal Services

#### Free Legal Advice

The Chester County Dept. of Aging Services is making an attorney available to senior residents of Chester County on the 2nd Wednesday of every month from 9:00 AM to 12:00 PM. This service is free to senior residents of Chester County. Appointments are required. For more information or to schedule an appointment, contact the Dept. of Aging at 610-344-6350. All appointments are at the Dept. of Aging in West Chester.

#### Legal Helplines

The Pennsylvania SeniorLAW Helpline is a toll-free, state wide hotline for legal information, advice, and referral service for Pennsylvania senior citizens (60 years and older). This is a free and confidential telephone service, staffed by attorneys Mon-Thu from 10:00am-2:00pm. Call 1-877-727-7529. You can also visit their website <http://seniorlawcenter.org/> for more information.

#### Legal Aid Advice & Referral Helpline

Legal Aid of Southeastern PA operates a toll-free telephone intake, brief advice and referral system. If eligible, you can receive immediate assistance with a legal question or concern. Call 877-429-5994, Mon-Thu, from 9:00am-1:00 pm.



Handcrafted  
Afghan Raffle  
Donated to  
OASC

*\$1.00 each / 6 for \$5.00*

Drawing: Wednesday, May 16, 2018  
Tickets available at Front Desk

### Our Senior Center

Our town has a Senior Center  
Where we gather each day  
To be with friends, play games  
Have lunch and pass the time away  
It works for me as  
It's better than being alone  
I am always happy and relaxed  
At the end of the day  
On my drive home

All the staff at the Center  
Are very professional  
And will help you in any way  
You always feel welcome  
When you walk in  
I have a great time at the Center  
And I must say  
It's the reason  
I keep going back each day  
I am proud to be a member  
And this you can believe  
When I am at the Center  
It's where I want to be.

Should you ask me  
What I like about the center  
I might say I like everything  
But make no mistake  
I really like the tours we take  
Sarge is our guide and you can be sure  
We have a great time on every tour  
Now, as the story ends, I must say  
Sarge, always stand tall,  
Hold your head up high and  
Be Proud of who you are.

**Ralph Roten, February 2018**

## Health and Wellness Programs

### Exercise Classes

Trivity Health's Silver Sneakers Fitness Program is a comprehensive older-adults physical activities program that addresses the needs of the 60+ year old population. Muscular Strength & Range of Movement is the core class of this exercise program. Come on Tuesdays and Thursdays from 10AM - 10:45AM and get yourself back in shape. Come and see how much better you'll feel after a 45 minute workout.. There is no cost for this program and Senior Center membership is not required for individuals 60 and older.



### Ditch the Workout and Join the Party!

ZUMBA fitness classes every

**Tuesday** 4:30-5:15pm  
**Thursday** 4:30-5:15pm

ADULTS OF ALL AGES WELCOME!!

Just \$3 a class!  
Bring a friend or 2 or 3!!

Kim Malone, Certified Zumba Instructor  
For more information, call Kim @ 610-620-4676  
or OASC @ (610) 932-5244

### Practice Tai Chi

for fitness and health



Improve health & well being  
Improve balance & strength  
Improve concentration  
Lower blood pressure  
Relieve stress & anxiety

Practice group meets Tuesdays 11am-11:30am  
Cost is only \$5.00 per session

Barbara McAdams  
ATCQA Certified Instructor

### Gentle Stretching

Monday & Friday  
11:15 am - 11:45 am



### Discover the Benefits of Reflexology



Reflexology: A caring touch that reduces stress and enhances quality of life.

Elaine Pinno, certified Reflexologist will be at the Senior Center for half-hour Reflexology sessions. There is a cost for a Reflexology session. This method of relaxation reflexology is used for stress reduction and relaxation and pain relief.

**When:** April 25, 2018  
**From:** 9:00am to 12:00pm  
**Where:** Oxford Area Senior Center  
**Cost:** \$20 for half-hour session  
**RSVP:** Space is limited...make an appointment today.  
Call 610-932-5244 or email: oxsrctr@zoominternet.net

### NEED HELP BALANCING YOUR CHECKBOOK?

For those of you who need help balancing your checkbook or paying a few bills, Jane Freeman can help you. You must contact Jane directly at (610) 932-2619 to schedule your appointment. Leave a message if she's not home. This is a very helpful, free service that she is volunteering her time to do. All appointments are here at the Center.

She will be at the Senior Center on:  
**Tuesday, April 17**  
**Tuesday, April 24**

### AUDIOLOGIST

Michael Piscotty, Audiologist: Superior Products, Exceptional Warranty, Outstanding Service.  
For appointment call: 610-932-5244



**Wednesday, April 25**  
appointments starting at 1pm

### Bread

Every Wednesday morning the Giant in Jennersville donate their two day-old bread and pastries to our Center. Pick up some bread while you're here between **10am-3pm**. Pastries used as prizes at Bingo.



### Produce

Every Monday, Produce from Chester County Food Bank is available from **11am-3pm**. First come, first serve until gone. Items vary weekly and may be available through rest of the week.



# Technology & Computers

## with Colleen

### Oxford Area Senior Center Computer Q&A and Technology Help

#### Do you need help with your electronic device?

Are you confused about how to use that new electronic device? Please do not fret any longer. Questions can be regarding ANY computer related subject (Word, Email, Internet, etc.) or Technology Help with your Apple or Android mobile/cell phones and iPad/tablets. The goal is to provide hands-on and detailed instruction in a non-intimidating and patient environment.

**Bring your device in and learn to use it!**

<b>Q&amp;A's and Technology Help</b> <b>Just stop in during one of the times listed below</b> <b>\$5 per session</b> <b>April 2018 Schedule</b>			Oxford Area Senior Center 12 E. Locust Street, Oxford, PA 610-932-5244  www.oxfordseniors.org Click on Computers
<b>MONDAY</b>	<b>TUESDAY</b>	<b>WEDNESDAY</b>	Hours are: Monday - Friday, 8:30 am - 3:00 pm Colleen is in on Monday - Wednesday
2. 10:00am - 11:00am 2:00pm - 3:00pm	3. 11:00am - 12:00pm	4. 10:00am - 11:00am 2:00pm - 3:00pm	<b>QUESTIONS??</b> Colleen will be happy to answer your technology questions. Here is how to contact her: <ul style="list-style-type: none"> <li>• Come to one of the Q&amp;A/Tech Help sessions.</li> <li>• Call Colleen at 610-932-5244</li> <li>• Email Colleen at caowens@oxfordseniors.org</li> </ul>
9. 10:00am - 11:00am 2:00pm - 3:00pm	10. 11:00am - 12:00pm	11. 10:00am - 11:00am 2:00pm - 3:00pm	
16. No Sessions	17. No Sessions	18. No Sessions	
23. 10:00am - 11:00am 2:00pm - 3:00pm	24. 11:00am - 12:00pm	25. 10:00am - 11:00am 2:00pm - 3:00pm	<b>Prefer Private Lessons?</b> Private lessons are available for a fee, at the Center or your home. Please contact Colleen Owens at 610-932-5244 or by email at caowens@oxfordseniors.org
30. 10:00am - 11:00am 2:00pm - 3:00pm			

### Medicare 101

w/ Sally Arter

Monday, April 23

7:00PM

If you will be joining the ranks of Medicare soon, are already in the Medicare system and have questions, this session is for you. Members of the APPRISE program, Pennsylvania's volunteer statewide program of insurance consultation, will present an overview of Medicare including the definitions of Medicare A, B, C; exploration of the drug benefit (Part D), types of health care insurance available in Chester County, benefits available to low-income beneficiaries, and things to consider when selecting your medical coverage. A question and answer session will follow the presentations.

Reserve your space  
Call 610-932-5244  
or email oxsrctr@zoominternet.net

### Chester County Food Bank Chester County Senior Food Box Program (CCSFBP)

Is a Chester County Food Bank program that helps seniors gain access to nutritious foods so they can better improve their health.

If you or someone you know is at least **60 yrs. old** and has **low income**, please register for the CCSFBP box that is available to qualifying seniors each month.

Each box may contain fruit, non-perishable proteins, vegetables, carbohydrates & dairy!!

Proof of age is required at sign up. There is no charge for this food. If you qualify then CCSFBP Box can be picked up the 1st Monday of every month between 1:00-3:00pm

For more information contact  
**Sally Arter**  
**(610) 932-5244**

**Board of Directors 2017/2018**

Ira Binder	President	Betsy Brantner
Kimberly Zuleba	Vice-President	Kevin Collins
William Ringler	Treasurer	Jane Freeman
Leda Widdoes	Secretary	Charles Hannum
Sylvia Reyburn	Corresponding Secretary	Edwin Herr
		George Lauer
Theresa Taylor	Participant's Council	John Masciantonio
Pennie Bellino	Non-Voting	Scott Massey
		Amy O'Donald
		Rev. Aaron Smalley
		Bonnie Smith

**STAFF**

Jim McLeod	Executive Director
Maria Reyes-Tanon	Program Coordinator
Laurie Nelson	Kitchen Supervisor
Colleen Owens	Information Technology Specialist
Sally Arter	Information & Assistance Specialist
Janet Rivera	Hostess

**INSTRUCTORS**

Thelma Teel	Arts/Crafts
Albert Gans	Painting
Barbara McAdams	Exercise Instructor
Kim Malone	Zumba Instructor

**Participants' Council 2017/2018**

Chairperson: Theresa Taylor	Lorraine Broomell	Beverly Parsons
Vice Chairperson: Pennie Bellino	David Denny	Ralph Roten
Secretary: Laura McKinney	Millie Emerson	Evelyn Stumpo
	Ed French*	Lori Walton*
	Carmella Humble*	

\* Alternate—Non Voting Member



In accordance with Federal Law the Oxford Area Senior Center does not discriminate on the basis of race, religion, color, handicap, sex, physical condition, developmental disability, sexual orientation, or national origin.

**OXFORD AREA SENIOR CENTER**  
 12 East Locust  
 Oxford, PA 19363

610-932-5244 phone  
 610-932-8084 fax  
 www.oxfordseniors.org  
 oxsrctr@zoominternet.net

Bulk Rate  
 US Postage Paid  
 Non-profit Org.  
 Permit No. 9  
 Oxford, PA 19363

**RETURN SERVICE REQUESTED**

**HELP STOP WASTEFUL MAILINGS.  
 IS YOUR ADDRESS CORRECT?  
 CALL US WITH YOUR CORRECTIONS!**

The Oxford Area Senior Center is funded in part under a contract with the Chester County Department of Aging Services and PA Department of Aging. Funding is also provided by the United Way of Southern Chester County, Dansko Foundation, Oxford Area Foundation, 1675 Foundation, Chester County Fund for Women & Girls, Greater Philadelphia Cultural Alliance, Chester County Community Foundation, Luther Management Company of SCC, BNY-Mellon, Oxford Area Civic Association and surrounding municipalities. Funds are also raised by participant donations, craft and bake sales and given through memorials, wills and bequests. The Oxford Area Senior Center is a non-profit organization. All contributions are tax deductible.