

# OCTOBER 2017 MENU

Call 610-932-5244 - Business Hours: 8:30 am - 3:00 pm

Call to sign up for lunch by 3pm Tuesday for the ENTIRE following week.

**MENU IS SUBJECT TO CHANGE WITHOUT NOTICE - Meal served at 12:00 pm**

MON	TUE	WED	THU	FRI
2. Roasted Pork Loin w/ Gravy Whipped Potatoes Sliced Carrots Bread Spice Cake w/ Icing	3. Baked Ziti w/ Meatballs Cheese Topping Caesar Salad Italian Bread Tropical Fruit Salad	4. Breaded Chicken Cutlet Au Gratin Potatoes Sweet Peas Bread Mandarin Oranges	5. Swiss Burger Creamy Cauliflower Soup Fresh Seasonal Fruit	6. Baked Salmon w/ Teriyaki Glaze Brown Rice Broccoli Bread Pineapple Tidbits
9. Swedish Turkey Sweeties Butter Bowties Broccoli & Carrots Bread Fresh Seasonal Fruit	10. BBQ Beef Ribette Cheesy Hashbrowns Green Beans Bread Sliced Peaches	11. Baked Ham Whipped Sweet Potatoes Cauliflower Bread Mixed Fruit Salad	12. Chicken Philly Pita w/onions, peppers, cheese Creamy Potato Soup Pita Bread Blushed Pears	13. Breaded Lemon Pepper Pollock Wild Rice Creamy Coleslaw Bread Applesauce
16. Pocupine Ball w/tomato Sauce Garlic Whipped Potatoes Corn Dinner Roll Cinnamon Apples	17. BBQ Chicken Breast Scalloped Potatoes Sweet & Sour Coleslaw Bread Brownie	18. <b>Birthday Party</b> Beef Brasciole w/gravy Mashed Potatoes Carrots Bread Birthday Cake & Ice Cream	19. Braised Chicken Thigh Rice Pilaf Mixed Bean Medley Bread Fresh Seasonal Fruit	20. Breaded Fish Sandwich w/cheese Macaroni & Cheese Stewed Tomatoes Sliced Pears
23. Burgundy Beef Egg Noodles Broccoli & Carrots Bread Mixed Fruit Salad	24. Chicken & White Bean Chili Tossed Salad w/ Dressing Baked Potato Biscuit Mandarin Oranges	25. Pizza Burger Baked Sweet Potato Bites Creamy Coleslaw Sherbet	26. Center Cut Pork Chop w/Gravy Whipped Potatoes Braised Red Cabbage Bread Apple Cranberry Crisp	27. Baked Crab Cake Cheesy Shells Sweet Peas Bread Tropical Fruit
30. Pot Roast w/Gravy Baked Potato Sliced Carrots Italian Bread Sugar Cookie	31. <b>Halloween Party</b> Ghostly Chili Ant & Finger Salad Hocus Pocus Juice Moldy Biscuit Spooky Pumpkin Potion			SENIORS 60 & ABOVE A voluntary confidential requested \$2.00 donation INDIVIDUALS UNDER 60 \$4.89

**ALL MEALS SERVED WITH MILK, COFFEE OR TEA (HOT OR COLD)**

Senior Center membership is not required for those 60 and older to participate in the lunch program. Chester County residents 60 and older are invited to attend their local Senior Center to enjoy a noon time meal. There is no cost for the meal but you must reserve your meal by 3pm Tuesday for the ENTIRE following week of meal service. A voluntary confidential contribution of \$2.00 is appreciated toward the cost of the meal but is not required.

The official registration and financial information of Chester County Department of Aging Services may be obtained from the Pennsylvania Department of State by calling toll free, within Pennsylvania, 1 (800) 732-0999. Registration does not imply endorsement.

**Rover Transportation Available**