

JANUARY 2019 MENU

Call 610-932-5244 - Business Hours: 8:30 am - 3:00 pm

Call to sign up for lunch by 3pm Tuesday for the ENTIRE following week.

MENU IS SUBJECT TO CHANGE WITHOUT NOTICE - Meal served at 12:00 pm

MON	TUE	WED	THU	FRI
	1. Happy New Year! Center is Closed	2. Meatloaf Whipped Potatoes Parmesan Corn Wheat Bread Banana Pudding & Nilla Wafers	3. Creamy Chicken Divan White Rice Tossed Salad w/ dressing Breadstick Mandarin Oranges	4. Baked Ham Whipped Sweet Potatoes Harvard Beets White Bread Fresh Fruit
	7. Pork Ribette Seasoned Potatoes Baked Beans Dinner Roll Sliced Peaches	8. Swiss Steak w/gravy Cabbage & Noodles Diced Carrots Wheat Bread Pineapple Delight	9. Roasted Pork Loin w/sauerkraut Whipped Potatoes Dinner Roll Pineapple Upside Down Cake	10. Grilled Chicken Bacon & Swiss Club Creamy Potato Soup Blushed Pears
14. Baked Meatloaf Baked Potato Mixed Bean Medley White Bread Applesauce	15. BBQ Burger w/ cheddar, bbq sauce, crispy onions Sweet Potato Bites Fresh Seasonal Fruit	16. Birthday Party Hot Turkey w/gravy Whipped Potatoes w/ chives Crinkle Cut Carrots White Bread Cherry Chip Cake w/ topping	17. Chicken & Dumplings Pepper Slaw Whole Grain Buttermilk Biscuit Warm Peaches	18. Baked Salmon White Rice Broccoli Wheat Bread Pineapple Tidbits
21. Porcupine Ball w/tomato sauce Garlic Whipped Potatoes Corn Cinnamon Raisin Bread Pudding	22. Turkey & Provolone Sandwich w/lettuce & tomato Creamy Broccoli Soup WG Pretzel Roll Fresh Fruit	23. Pork Chop w/gravy Whipped Potatoes w/ chives Lima Beans White Bread Sliced Apples	24. Reuben Sandwich Hot Potato Salad Warm Peaches	25. Lemon Pepper Chicken w/gravy Wild Rice Brussel Sprouts Wheat Bread Fresh Fruit
28. Swiss Burger Creamy Cauliflower Soup Fresh Fruit	29. Mango BBQ Chicken Breast Brown Rice Creamy Coleslaw Wheat Bread Apple Cranberry Crisp	30. Pot Roast w/gravy Baked Potato Sliced Carrots Italian Bread Cookie	31. Crab Cake Cheesy Twists Baked Beans WG Dinner Roll Mandarin Oranges	SENIORS 60 & ABOVE A voluntary confidential requested \$2.00 donation INDIVIDUALS UNDER 60 \$4.89

ALL MEALS SERVED WITH MILK, COFFEE OR TEA (HOT OR COLD)

Senior Center membership is not required for those 60 and older to participate in the lunch program. Chester County residents 60 and older are invited to attend their local Senior Center to enjoy a noon time meal. There is no cost for the meal but you must reserve your meal by 3pm Tuesday for the ENTIRE following week of meal service. A voluntary confidential contribution of \$2.00 is appreciated toward the cost of the meal but is not required.

The official registration and financial information of Chester County Department of Aging Services may be obtained from the Pennsylvania Department of State by calling toll free, within Pennsylvania, 1 (800) 732-0999. Registration does not imply endorsement.

Rover Transportation Available