

APRIL 2018 ACTIVITIES

MON	TUE	WED	THU	FRI
<p>2. 10:00 Q&A/Tech Help 10-11 Cards/Games 10:30 Participants Council Meeting 11:15-11:45 Gentle Stretching 12:00 Lunch 1:00 Cards/Games 1-3 Food Box Pickup 2:00 Q&A/Tech Help</p>	<p>3. 10:00 SilverSneakers 10-12 Cards/Games 11-12 Q&A/Tech Help NO Practice Tai Chi 12:00 Lunch 1:00 Cards/Games 4:30 Zumba Class</p>	<p>4. 8:30-11:30 Paint Class 10:00 Q&A/Tech Help 10-11 Blood Pressure 10-12 Cards/Games 12:00 Lunch 12:45 Bingo 2:00 Q&A/Tech Help</p>	<p>5. 10:00 SilverSneakers 10-12 Cards/Games 12:00 Lunch 1:00 Treat 4:30 Zumba Class</p>	<p>6. 9-2 AARP Tax Appts 10-12 Cards/Games 11:15-11:45 Gentle Stretching 1:00 Cards/Games</p>
<p>9. 10:00 Q&A/Tech Help 10-12 Cards/Games 11:15-11:45 Gentle Stretching 12:00 Lunch 1:00 Cylo from the Barnstormers 2:00 Q&A/Tech Help</p>	<p>10. 10:00 SilverSneakers 10-12 Cards/Games 11-12 Q&A/Tech Help NO Practice Tai Chi 12:00 Lunch 1:00 Line Dancing (A) 1:00 Make It & Take It (D) 4:30 Zumba Class</p>	<p>11. 8:30-11:30 Paint Class 10:00 Q&A/Tech Help 10-11 Blood Pressure 10-12 Cards/Games 12:00 Lunch 12:45 Bingo 2:00 Q&A/Tech Help 7:00 All-Occasion Greeting Card Stamping</p>	<p>12. 8:30-3:30 Casino Trip 10:00 SilverSneakers 10-12 Cards/Games 12:00 Lunch 1:00 Cards/Games 4:30 Zumba Class</p>	<p>13. 9-2 AARP Tax Appts 10-12 Cards/Games 11:15-11:45 Gentle Stretching 1:00 Cards/Games 6:30 Line Dancing</p>
<p>16. 10-12 Cards/Games 11:15-11:45 Gentle Stretching 12:00 Lunch 1:00 Cross World Puzzle Day! (A Little Early)</p>	<p>17. 9:00 Jane Freeman 10:00 SilverSneakers 10-12 Cards/Games NO Practice Tai Chi 12:00 Lunch 1:00 Line Dancing 3:00 Board Meeting 4:30 Zumba Class</p>	<p>18. Birthday & Volunteer Appreciation Party 8:30-11:30 Paint Class 10-11 Blood Pressure 10-12 Cards/Games 12:00 Lunch 12:45 Naomi American Classics 7:00 Patriotic DIY Craft</p>	<p>19. 10:00 SilverSneakers 10-12 Cards/Games 12:00 Lunch 1:00 Cards/Games 4:30 Zumba Class</p>	<p>20. 10-12 Cards/Games 10:30am-1pm Soup & Sandwich (this is the lunch available today) 11:15-11:45 Gentle Stretching NO Bingo *Portrait Photography Fundraiser - Sat & Sun</p>
<p>23. 10-12 Cards/Games 10:00 Q&A/Tech Help 11:15-11:45 Gentle Stretching 12:00 Lunch 1:00 Cards/Games 2:00 Q&A/Tech Help 7:00 Medicare 101 w/ Sally</p>	<p>24. 9:00 Jane Freeman 10:00 SilverSneakers 10-12 Cards/Games 11-12 Q&A/Tech Help NO Practice Tai Chi 12:00 Lunch 1:00 Arter Family Mission Presentation (see ad) 4:30 Zumba Class</p>	<p>25. 8:30-11:30 Paint Class 9-12 Reflexology 10:00 Q&A/Tech Help 10-11 Blood Pressure 10-12 Cards/Games 10:30-12 Constituent Outreach 12:00 Lunch 12:45 Bingo 1:00 Audiologist by appt. 2:00 Q&A/Tech Help 7:00 Pallet Painting</p>	<p>26. 10-12 Cards/Games 10:00 SilverSneakers 12:00 Lunch 1:00 Bayada Thyroid w/ Sarah 4:30 Zumba Class</p>	<p>27. 9-2 AARP Driving Class 9-11 Photo Selection - see Portrait Photography Fundraiser Ad 10-12 Cards/Games (A or F) 11:15-11:45 Gentle Stretching 12:00 Lunch 1:00 Cards/Games (A or F) 6:30 Line Dancing</p>
<p>30. 10-12 Cards/Games 10:00 Q&A/Tech Help 11:15-11:45 Gentle Stretching 12:00 Lunch 1:00 Cards/Games 2:00 Q&A/Tech Help</p>			<p style="text-align: center;">A = Auditorium D = Dining Room F = Fireplace Room</p>	<p>Portrait Photography Fundraiser by appt. only (see ad) Saturday April 21 9am-12pm Sunday, April 22 12pm-2pm Photo Selection Friday, April 27 9am-11am</p>

Rover Transportation Provided